

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Mindfulness and Tolerance

Z	F	E	J	A	W	A	R	E	N	E	S	S	T	Q	F	Y	M	F	A	N	B	I	P
I	R	N	R	V	Q	S	G	Z	H	L	R	B	L	J	B	W	L	E	J	H	I	X	J
M	I	D	M	I	Q	W	Q	F	O	P	E	M	Z	S	Z	H	K	J	Q	Z	O	D	M
K	H	W	A	X	P	C	V	R	O	B	L	J	R	A	B	E	N	E	I	B	T	N	Q
I	E	J	C	R	F	H	D	I	J	W	I	O	Q	F	J	T	T	L	R	T	Q	N	Y
E	A	V	C	B	X	G	Q	E	W	Z	G	O	C	T	N	R	X	V	Y	Q	Z	Y	B
O	M	Z	E	T	J	Z	K	N	M	Q	I	N	D	G	L	O	B	A	L	S	A	X	A
O	B	X	P	H	R	K	I	D	I	D	O	R	A	T	Q	M	M	T	W	E	F	N	Z
P	P	J	T	W	H	D	N	S	N	I	N	P	A	T	I	E	N	C	E	N	Z	A	I
N	Y	A	A	I	Z	I	D	H	D	F	S	E	D	J	D	K	X	D	W	S	X	P	C
P	F	O	N	H	Q	E	I	I	F	F	R	T	Z	D	T	X	Q	I	Z	E	W	U	S
R	E	H	C	U	K	R	T	P	U	E	Q	O	F	R	D	I	V	E	R	S	I	T	Y
J	E	B	E	O	G	E	S	G	L	R	L	W	R	B	W	G	B	O	L	X	L	N	C
W	L	M	A	H	L	S	K	P	H	E	G	V	Y	X	P	U	Y	V	S	L	M	A	Z
C	I	O	P	N	A	P	S	M	O	N	O	V	M	O	U	A	B	K	V	J	J	T	Z
W	N	U	E	R	T	E	U	L	V	T	R	A	C	E	G	I	R	O	A	Y	O	I	O
R	G	T	A	M	A	C	T	H	T	V	E	R	S	D	F	L	H	I	L	K	D	O	K
P	S	N	C	G	T	T	Y	B	L	N	O	Q	F	C	W	K	L	J	U	A	W	N	J
G	J	H	E	U	L	T	P	O	Z	C	O	N	F	L	I	C	T	F	E	G	K	A	W
Y	D	G	G	B	A	U	W	I	Q	Y	W	E	Q	H	Q	F	U	L	V	L	C	L	L
Q	V	L	F	C	U	L	T	U	R	E	S	Y	E	F	S	K	R	M	K	G	C	I	J
U	J	W	L	X	X	E	E	R	D	O	D	L	J	X	O	F	C	W	S	O	J	T	M
C	M	A	C	G	U	N	X	R	Z	Z	P	L	Z	E	J	Z	A	R	B	W	Y	Y	C
A	T	T	I	T	U	D	E	J	Q	K	J	G	J	V	C	V	D	R	I	S	O	A	G

nationality

friendship

acceptance

awareness

diversity

different

patience

religion

cultures

feelings

conflict

attitude

mindful

respect

senses

global

peace

value

kind

race