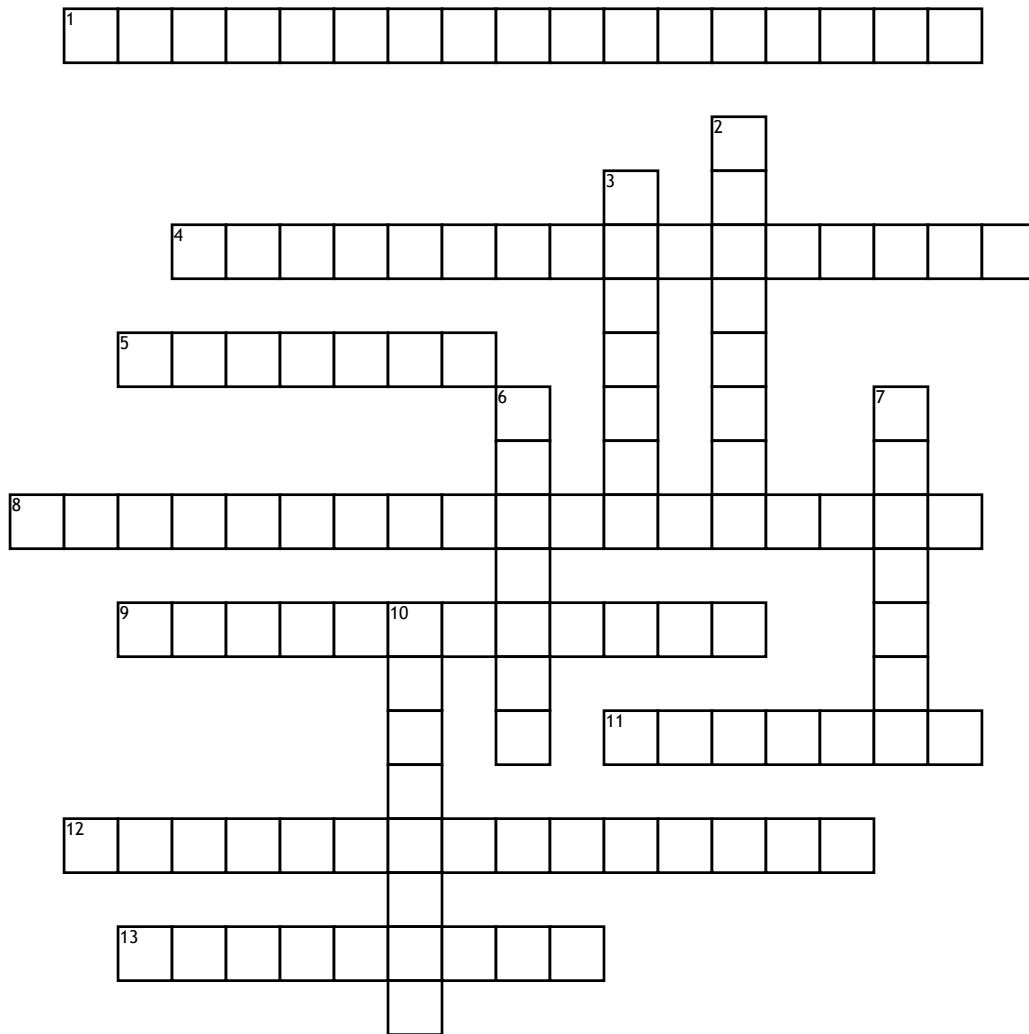


# Middle Adults Crossword



**Across**

- 1. This syndrome is defined as experiencing sadness when children move away from home
- 4. Piagets stage for middle adulthood
- 5. One age appropriate activity for middle adults is
- 8. Providing assistance to aging parents, adult children, and grandchildren, this stage of life is given the name
- 9. According to Erikson, middle adults strive for this

- 11. During middle adulthood, melanin in the hair decreases, leading to
- 12. \_\_\_\_\_ can lead to substance abuse along with other health issues
- 13. Middle adults need an immunization annually for

- 3. Fluid intelligence, which is how to learn and process new information, begins to \_\_\_\_\_ slightly
- 6. One health problem that places middle adults at risk for alterations in health is
- 7. For middle adults, nutrition recommendations often include obtaining enough \_\_\_\_\_ in the diet

- Down**
- 2. Middle adults need an examination for \_\_\_\_\_ and other eye disorders every 2 to 3 years or annually depending on the provider

- 10. Middle adults often have \_\_\_\_\_ moral development

**Word Bank**

- |                   |           |                    |              |
|-------------------|-----------|--------------------|--------------|
| walking           | protein   | SandwichGeneration | decline      |
| advanced          | obesity   | FormalOperations   | Generativity |
| DrugsAndAlcohol   | influenza | glaucoma           | graying      |
| EmptyNestSyndrome |           |                    |              |