

Name: \_\_\_\_\_

# Mental health

N T O X B N E R V O U S B C S O N  
W P C P W P W Z J V E B J V Y E C  
Q S P P R O B L E M S O L V I N G  
O S O C I A L A F R M I G Q P Z U  
T H I N K I N G V I W O R R I E D  
C M X A C H T A M I N D V V Y Q S  
N G Y F D E P R E S S I O N S B T  
H B N E W F W H E G H Y I C T T R  
A F H M D I Q E J T Z J G I E W E  
S A P O N B V A V A X A N Q Q B S  
P K R T X R N L I A X N R L Q L S  
C M X I G A M T J N T Z A K L B G  
O E Y O E K I H Q X H J I F R Q B  
G K S N I D S A L I C W T N E V I  
Q O N S P X A X W E I P N M K S Q  
U H A U V V X C Q T E T C V C R O  
P O S I T I V E G Y S A H Q X Z U

problem solving

depression

emotions

positive

thinking

anxiety

nervous

worried

health

social

stress

mind