

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Period: \_\_\_\_\_

# Mental Health Word Search

O D B G S C S N Y E B V F L A E M O T I O N A L  
G D T R Y D L R E L I A B L E C C S F E I L E B  
X L D M Y D A J C S Y B I J L O J R A G Y M E T  
I A O S E M O M R B T K L B P L K T V E C O W Y  
U N W E H D G E O E E R M E E J D C H L A O N R  
T R F Z P A I Y O Y R A A F M B W I F D C Q J X  
X E Q L Q P L T U W S U D T A Z B F I O O I L T  
L T W B U I X V A S E N T Q E C J K A B V A A N  
A N X V M E Z B E T Q S A L X G T W V X D B N V  
U I J A Y V N R M Z I I X I U C Y O S U A O R D  
T S F T S F T C Z M D O J C L C W T R Z A K E Q  
C N V Z D I G J E E G G N H A H P J V S J L T X  
E O Q Z V L V N M S S D J H C T Y O R A Q N X C  
L I N E C D A T P P S P I R I T U A L U L Z E J  
L S L P U K E M E Q E A H K H U N P Q D Q U K Z  
E I D I L A V J E M R O Y S T P Q B R O V W E X  
T C M E N T A L R V T X S S E R T S U E X R N S  
N E E Q I D L W S T S T W S N O I T O M E V I J  
I D P W F L U T H A I Z Z F G M O P Q M Y F O O  
E Z Y J P O A W H V D N O I T A C I N U M M O C  
B L D O X T T R V U Z O Q I F L A L A I C O S T  
S E I S U W E R H E A U B X B L A C I S Y H P L  
L F K Q V J N B F S T R E S S O R S R V P C L G  
L W D B Y S E D U T I T T A Q V S Y N I P C D T

Communication  
Decisions  
evaluate  
External  
Ethical  
Values  
Peers

Intellectual  
Assertive  
strategy  
Internal  
Factors  
Social  
Media

meditation  
Attitudes  
Advocacy  
Physical  
Beliefs  
Mental  
Cope

Influences  
Spiritual  
Emotions  
Distress  
Culture  
Goals

Stressors  
Emotional  
Reliable  
Eustress  
Family  
Valid