

Name: _____

Date: _____

Mental Health Word Search

E N P O S I T I V E B V I E X U J D A I M W B M
U O P J D H J A Z V Y V I I D O X E X Z Y R U C
D Q D Z M B G N K K I K J L B E S X S B R P D O
H Z N S U W T F P A A E P Y E E X F T O L K K M
Q D Z A V S S Z Y X Z P R R H L A A R A S Q G M
D A J D D H O Z O T O M L U A Q C I E J D T M I
D C T N A U H L G R M C X N V X B L S C U D L T
C U P E X R L G V K E N U P I G C I S M D M M M
D W V S F E W E U M Z T E J O Y P N S T H R L E
Q T S S W W B F O F B I D O R W S G S W G Z O N
L Y E A T I N G E O O Y Z B A K D R S W F K C T
E O I J S I R R W W Q T D V L X R K T D X G C Z
K L N U Q Q Q H K D C E V E G A K F R N N O M E
D L R V Y M G R J P G Y D E W C Y P U E E Y P S
N V T K W J E G R F K L Z Z K C V M G D O C B J
U A E J O S L U L G C L H H P E M T G A X E G J
S L Z D B A P E C D Q Z C M Q P C H L H Z B D C
O U V Q C O N F I D E N T A I T H C E A C U I K
E E K W S Z Z H Z T O U G H F A E G O N R E J S
H S X O F D N B T R H X Z C E N A N I X K W P N
A O C R D E F P I F Y X Y K S C L W G I L H C R
I W C R M O Z J S X M F I T Y E T V L O T B J R
X Z A Y R Z S N A J A U B W Y L H P R U Q M M T
S C M O S M M D E C I S I O N X Q F R S X K C Y

Commitment

Behavioral

Acceptance

Confident

Positive

Struggle

Decision

Failing

Sadness

Anxious

Eating

Values

Stress

Health

Worry

Tough