

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Mental Health Word Search

B V E S G P K U H H Q W B H A P P Y D U P E S A  
B F N Z T S M N O I T A L O S I Y A N U Z C O L  
R R U M O R V F P P R W O S M E N U O O J X A O  
Y W L D B D E K N W W K P L Y N A T I Y M G H D  
T S E K A W H S R T A Q I O N H F I T Q F R C A  
O L A C W X Q D S X Q V R H B L U S A E V K J J  
C E I K Y N W E A S I W Q L G A D M V J S K M Z  
T E T E T L H Y S T O A N E T D R T I Q A U M K  
E P S U I X J H T W M B I G F B M L T V M S J R  
C D C J L H T V E P G K Q N C M X A O Z C N I B  
Y E H Y I M Z R W D O N D Z A M P O M L P O R T  
A P I L B W W W O R R Y N Y F M A F G D P I C C  
N R Z B A D E M L E H W R E V O C A N C K S G I  
X I O M T B U R Z F M D K F I F A B R O B S E N  
I V P E S W Z E R V W G C O X B A J A N S E P A  
E A H D N G Q G C S D S J V S R H N L F S R O P  
T T R I I D P G N E W N J P U E M B O U A P H V  
Y I E T D R S I F A F T Q P I A M Q P S D E Y S  
Q O N A O F D R Z O R O I R C T A P I I J D C H  
Y N I T O Y B T C O K C D G I H I L B O W Q I E  
E J A E M Q Z U P V W Q Q G D E Z G Q N E Q H S  
K W V D U O S P F Q O Z G B E V P J T X J C R M  
M P N M J E U B R A Q I E F E S A E S O P R U P  
T I A L I S G U A R D E D T R O L U G N I Y R C

Sleep Deprivation  
Motivation  
Meditate  
Purpose  
Anxiety  
Panic  
Worry  
Sad

Mood Instability  
Depression  
Trigger  
Suicide  
Autism  
Chaos  
Happy

Schizophrenia  
Confusion  
Breathe  
Guarded  
Crying  
Focus  
Hope

Overwhelmed  
Isolation  
Support  
Bipolar  
Stress  
Mania  
ADHD