

Mental Health Week Word Search

B L S S E C R U O S E R L L A W P
G N I D N A T S R E D N U T D U T
T E A M W O R K I F E G T B Z D Y
G F O B C F B X S O S I E C D V H
K B C P K O H S R M T C F X N H T
M C O J P B M J Z U I N S I O C L
C S P P W E H P D K Z L W G I L A
O F I O K H R E A C D N E I T J E
U M N S U A L U T S K T O Z A T H
R H G I O V S I W T S M Y W X R X
A X S T Y I S G F X C I J J A U J
G G L I M O E M Q E L E O L L S K
E S K V P U R U M T S F P N E T Q
F C H E H R T O G K C T L S R T K
R E F J V H S B D U W R Y P E R Q
C O O P E R A T I O N I D L K R E
V M Z G E M P A T H Y X M Y E L S

UNDERSTANDING
RELAXATION
RESOURCES
TEAMWORK
HEALTHY
STRESS

COOPERATION
BEHAVIOUR
ATTITUDE
COURAGE
RESPECT
SMILE

COMPASSION
LIFESTYLE
POSITIVE
EMPATHY
COPING
TRUST