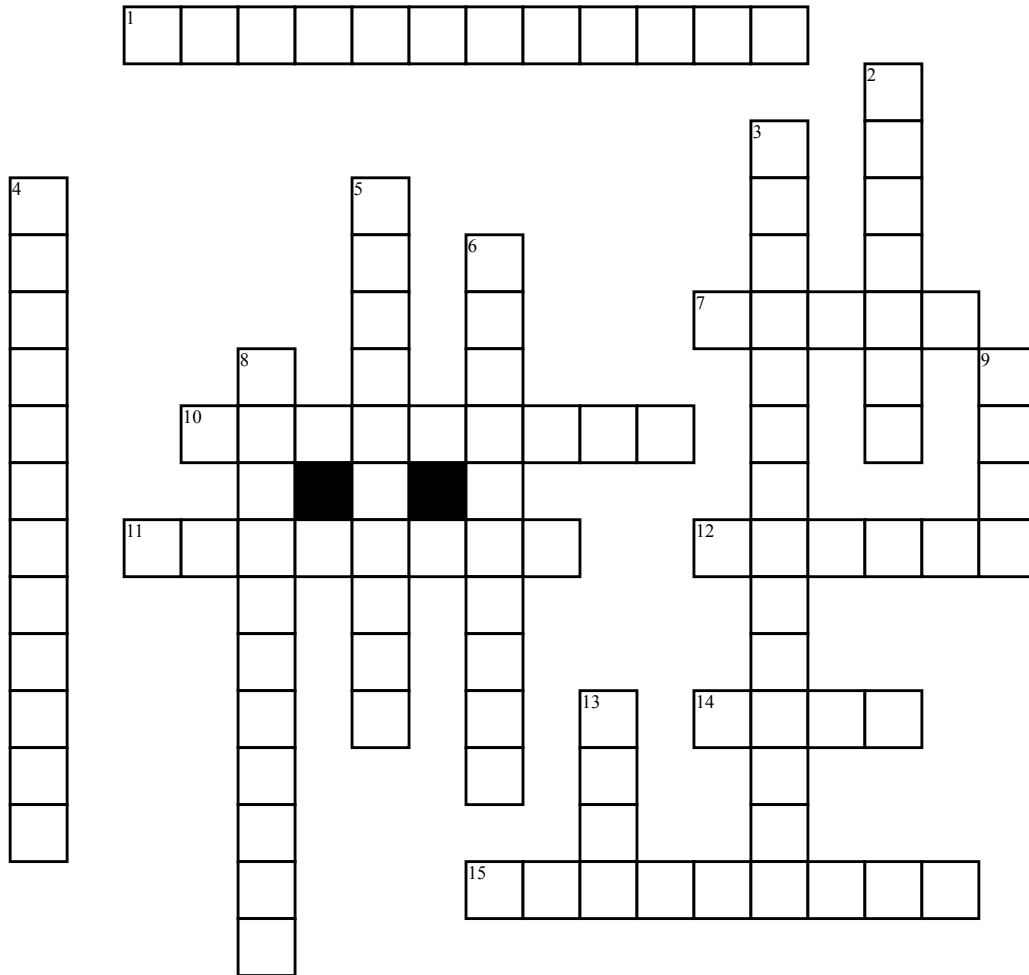


Mental Health Vocabulary



Across

- 1. Handel or control something
- 7. Trouble or annoyance
- 10. Left handed side of the brain
- 11. Extreme anxiety
- 12. The refusal of something requested or desired
- 14. An advantage

- 15. Having or showing a confident and forceful personality

Down

- 2. A feeling of worry, nervousness, or unease
- 3. These are just a few descriptive adjectives used to describe someone's personality
- 4. Are methods a person uses to deal with stress

- 5. Right handed side of the brain
- 6. Feeling of severe despondency and dejection
- 8. Particular attitude toward or way of regarding something; a point of view
- 9. The object of a person's ambition or effort; an aim or desired result
- 13. A disadvantage

Word Bank

- | | | | | |
|------------|-----------|---------------|-------------|-----------------|
| Pros | Denial | Manipulation | Right Brain | Character Trait |
| Depression | Assertive | Coping skills | Distress | Goal |
| Cons | Anxiety | Left Brain | Grief | Perspective |