

Name: \_\_\_\_\_ Date: \_\_\_\_\_

# Mental Health Mix-Match 2

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|---|---------------------------|
| 1. A condition in which a person with a disability is unaware of having   | A. guilt.                 |
| 2. A personal plan that outlines early warning signs, triggers, and coping  | B. illness.               |
| 3. A sudden and disturbing memory of a past traumatic   | C. events.                |
| 4. An irrational fear of something that poses little or no actual danger to most  | D. skills.                |
| 5. A type of hallucination: seeing things others do not   | E. event.                 |
| 6. A belief that is firmly maintained despite evidence that it is not   | F. hear.                  |
| 7. A mental disorder characterized by feelings of distress, nervousness, or   | G. swings.                |
| 8. A mental disorder caused by traumatic  | H. Lack of Insight        |
| 9. Type of personality disorder that is characterized by an inflated sense of   | I. importance.            |
| 10. A mental disorder that resembles both schizophrenia and bipolar disorders   | J. combined.              |
| 11. A medical doctor that treats mental   | K. people.                |
| 12. An antipsychotic medication that can be administered in pill form or  | L. skin.                  |
| 13. A mental disorder that is characterized by deep sadness, hopelessness,  | M. Mental Health Disorder |
| 14. Type of hallucination: feeling something crawling on your   | N. fear.                  |
| 15. A mental disorder that is characterized by sharp mood   | O. Racing                 |
| 16. Type of hallucination: hearing things others do not   | P. see.                   |
| 17. Jumping quickly from one thought to another.  | Q. injection.             |
| 18. Psychological, thought and behavioral patterns that are disruptive to a person's emotional and physical well being. | R. true.                  |