

Name: _____

Date: _____

Mental Health May

F W G J O B S A T I S F A C T I O N W V M L S H
 U G T H E R A P Y W E L L N E S S W O R K S E T
 X Y Y F Q F A E E Q X B Z Q V J U A Q H O Y W L
 D I E T L S Z C T U P H G U A L J V I I A M A A
 S F N E A O J J T H M N I R T H C Y H D C A L E
 F T E M D C T M L I W E G N I P O C S L E D K H
 Q M U O H I K J N P V E V A S X U E Q T P M I Z
 F N N T P A I D E Z J I G M Z A N Q N C M L N H
 C L Y I P L A J Y I T N T P S D S E A U A E G N
 R Y X O K I K M Y V I X R I E E E I G A G O B J
 H Y Z N Y Z A S H G O U P W E R T O V Y R T B G
 S C U A N E K A G B N M R H G S E A H I U U D I
 E M I L G M P O I N M E D J Y Q W O R G H V N K
 C A F C N P J Y I L T K K P N S U F L D T X I T
 U A O J I J T N O A I S V Z D D I O E F Y K A V
 D I H N G E G U W G H Z Z V A L F C Y M G H R T
 A V E P I M E D I T A T E W W U Y F A D R H B P
 X S U X Q D E R T A V M G T M H O R J L W V A Y
 S I N J X Y E H G M T O N U T R I T I O N B E R
 V A Q S O W D O W K N T S S T R E S S D E F M X
 Y V M Y R N Y D R I Q S P I R I T U A L J J B A
 L E E Z M X O Y H T L A E H G N I T A E V A B Y
 V X J E X E R C I S E J L A U T C E L L E T N I
 I I D F C K H H I S P E O P L E S M M C P D N N

Job Satisfaction
 Intellectual
 Emotional
 Meditate
 Hydrate
 Walking
 Stress
 Diet

Water Wednesday
 Activities
 Spiritual
 Physical
 Therapy
 Anxiety
 Brain
 Yoga

Eating Healthy
 Green Tea
 Socialize
 Exercise
 Jogging
 Coping
 Laugh

Wellness Works
 Nutrition
 Happiness
 Peoples
 Running
 Health
 Mind