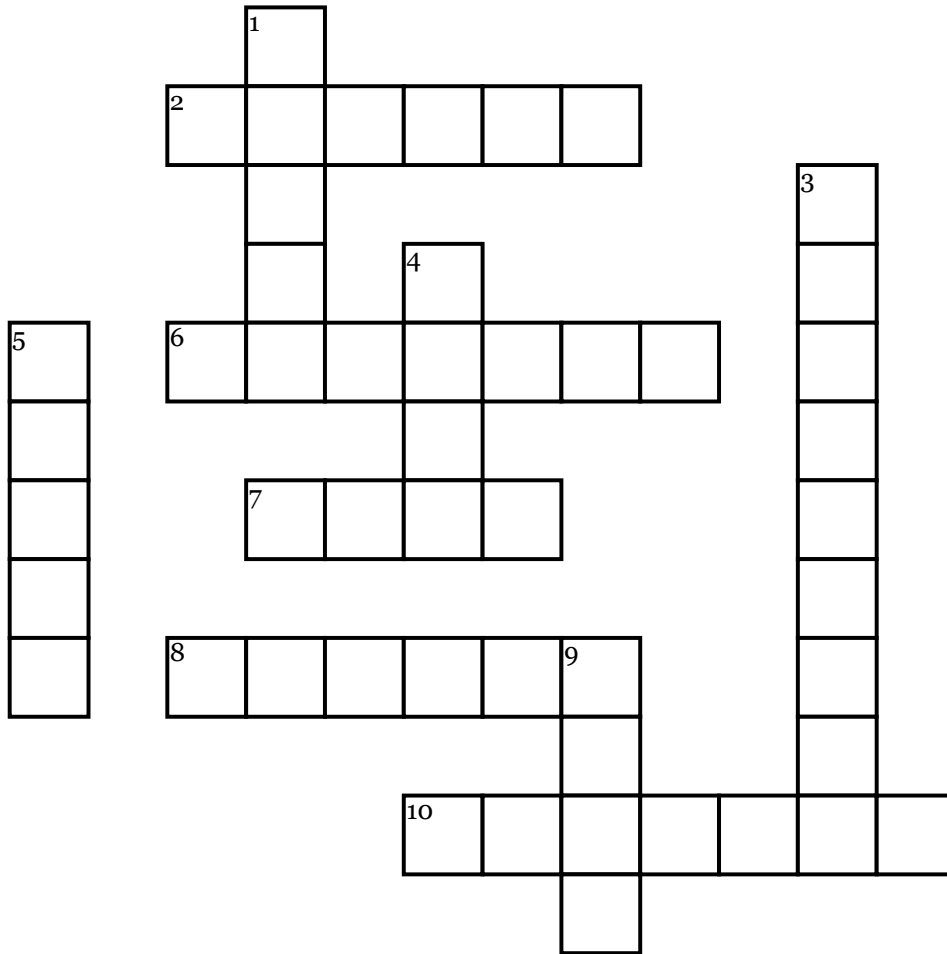


Mental Health Cross Word



Across

- 2. when someone has a terrible experience
- 6. a feeling of worry, nervousness, or unease
- 7. your physical
- 8. the state of being healthy
- 10. a disease affecting your mind and body

Down

- 1. what controls your thoughts and actions
- 3. being happy
- 4. the part of the body where you think and react
- 5. the centre of your interests or activity
- 9. when someone is in need

Word Bank

illness trauma body brain help
 focus health mind happiness anxiety