

Name: _____

Mental Health Challenges

F A R J O G V Q E K G A O F T Z X N F G J T N D
P R E F R O N T A L C O R T E X V E L I T V H J
L M T C E K L N C J N F H W A X B R K N D V J Y
M L O G N M E D I C A T I O N G R V E G C S Y A
J D S U P A N I C A T T A C K N A O D F D H E Q
A B A K J P S K E C Z L X X D I I U C D I Y F P
I G V E G N E L L A H C Q C S G N S I P N R I G
X G N I H T A E R B T O F I E R B Q P A D X L O
E T I V Z N O I S S E R P E D U N O Z S U R R Q
R S J A F J P Z I O Z C W C P P C C E F G Y Y O
O I F L R O B M K U O V H C C A W N F O M H I N
N G I A Y W T Q S E F C Z Q M C S D B M X L A S
A O L D D Y Z G V H I Q U P W I X D C Y N I B U
A L U G Q D S W P G W M U P T U P B S O M N M E
K O S Y F O M Q Y L D S N I U R G W M I B G N G
M H T M Z L A W O X W F V J L M F M L Y R J B G
A C R A R E Y N T V S E Q V L U O U F N K Y E F
H Y E T N O I T A T I D E M T C B P Y Q Y G O U
R S S A L I R D H F Y T E I X N A J J R M F S Z
X P S U F P T I C I F E D N O I T N E T T A Z B
S C F U C G R A U X K T R E K R O W L A I C O S
W R E D R O S I D G N I T A E O C V I Z H H F V
O Q C Q W X F K B I P O L A R D I S O R D E R G
G Y H B C B J A I N E R H P O Z I H C S R Y B Q

prefrontal cortex
schizophrenia
hippocampus
breathing
amygdala
Anxiety
focus

attention deficit
Social Worker
meditation
sensitive
purging
stress
life

Bipolar disorder
panic attack
medication
Challenge
bulimia
common

eating disorder
Psychologist
depression
Anorexia
nervous
brain