

Name: _____

Date: _____

Mental Health

O B S Y U K N H Y H E R U S S E R P R E E P H Z
D D I S W W G D X F M E O V X G G I W L C G C T
G A U R E S T P Y Y A U Q W W S F Y C E V F Y C
D R T H H R E H B K Q E F Z M I Y E G S L J J A
F J D H X E T J F L T N C J K Q U A A J T S P I
Y U A J S I N S H C Q W Y N L L U D C O U E V Q
M J K S S K Y V G B F K F O E G B G U W A H L T
B X P D P Y R Y W X U M F W N U E X Y S R W Z S
S V T R M O X E L X J L F A G O L L P B J A W E
H Q C U D R E P G A W Y L W V C L F Z J E J B L
M L H E R E D I T Y V Y Q Y Q C R R N L Z M X F
D M G T K G D C F S D K L A I S Q X L I R P X E
Y Q P I T F B O M O I R X L T N W A S N Q B U S
P U O Z Z H T B B C O V Q D M T G Q V T Z P H T
O V S Z S S Z O H L P O C P T L I H V U N O H E
B L G T C I L F N O C E T S K O Z T F L J C U E
S S R R T P Q P S P O U B P Q L M W U I L Q T M
A S S E R T I V E N E S S V D V B A F D M L E N
S L L I K S G N I K A M N O I S I C E D E X A E
M U H T L A E H M G Q A E I S A S P I X T R M D
C O N F L I C T R E S O L U T I O N S K I L L S
P A R Q F S Q J P P B L R J Y P N L V L L I W I
W E N V I R O N M E N T W E L L N E S S M B M O
F S V U H G F H H D K J S O I O H J N C E C C Y

conflict resolutions skills

decision making skills

assertiveness

body language

peer pressure

environment

self esteem

influence

conflict

attitude

bullying

heredity

wellness

stress

health