

Name: _____

Date: _____

Menopause Symptoms

D K B I D B N B R Y I M T G K A F C A I M O A B
H E C N E D I F N O C F O S S O L X U H S P T X
E M O N E V I R D X E S D E C U D E R Y L P B S
I X M H K E N L Z N B A F Y O S Z N P S C J V H
L K R U X I F S P C H Q Q O Z W R N N U K M F I
V Q V P Y D F X M Z Z N C E P P U G H P U D P H
H E G Y B J O Q Y E K P S Q D B T Y T F L Y L E
R L S O Z Y P B W U L G Z I H S H V Y X A S P A
F H E L A D F Q H V C B K L N E M A J D S Z E V
S D C X D H K N R P Y J O L S V A G N A N I F Y
U Y D A I N M O S N I J D R W J V D M F N G Z B
V A G I N A L D R Y N E S S P X J E A A M G G L
F E A V K M O O D S W I N G S Y L Z J C I W X E
B X B G N S I F A B S K E G L C R L U U H L E E
D H N J A S Q F U L J F W C S T L O P C D E I D
M W V J J B E I T O H Q J U T O V D M N V C S I
T W O T Q K Q H I L A S M S D T F T V E F K H N
D T Z G B E Y N S J A D D Z L U J W F U M E Q G
V G Z B R S T Z P U E H J C D W K H B P A J Q I
K L W V T P J I M C L K P T L O S O V K G E K B
Q U U V A R I A U I Q F D S F N W M T Y T L E P
P G D I K D I D E X E P T Z L R G M W M S W Y Z
T Z N I J C E C C O G H M O F H X R R H G W N Z
W L P G M R W C F N M Y B R H Z K C C R N F D U

reduced muscle mass

loss of confidence

reduced sex drive

memory problems

vaginal dryness

Heavy bleeding

Hot flushes

mood swings

joint pain

headaches

Insomnia