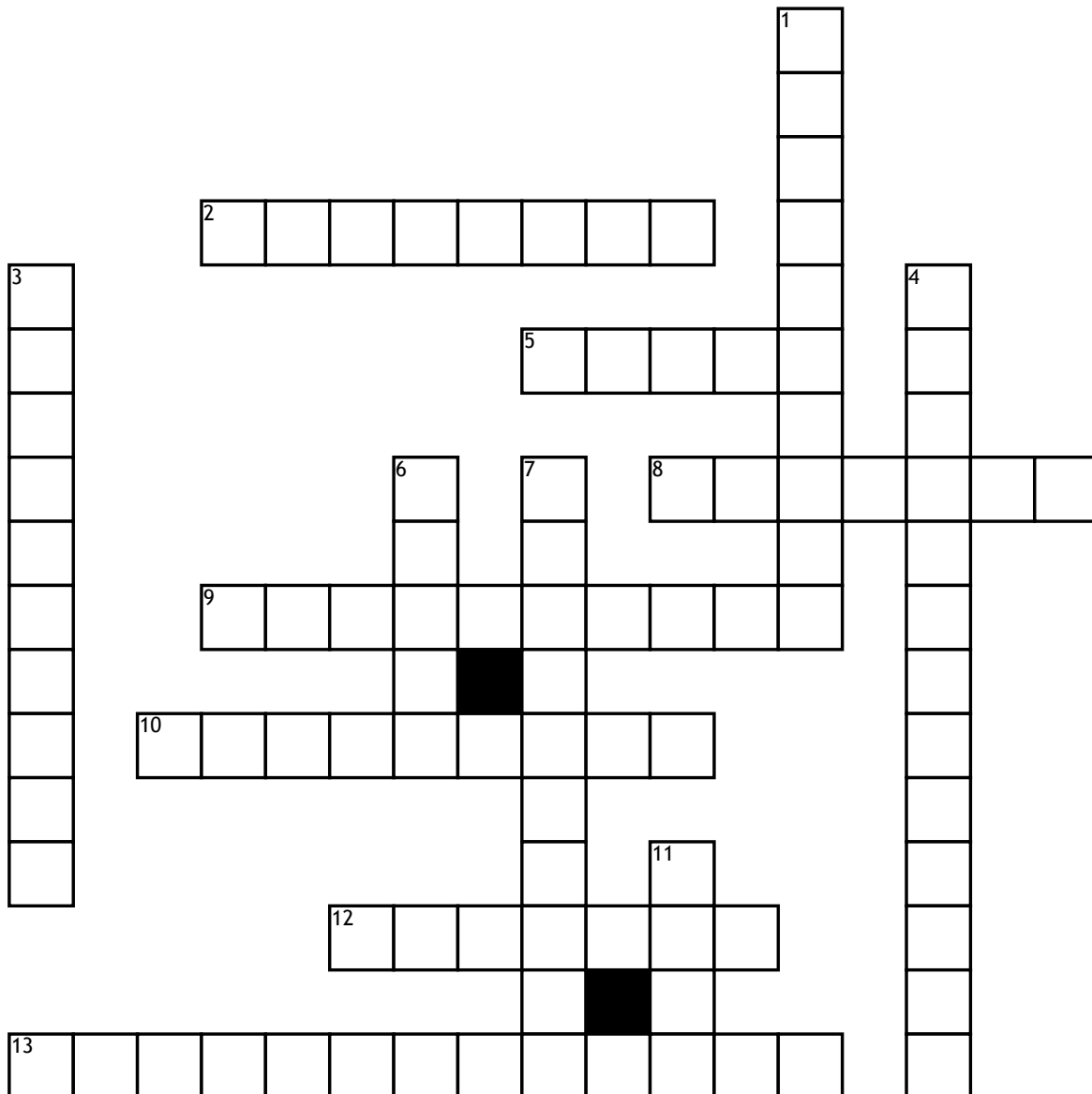


# Massage Therapy



## Across

2. A technique used to break up existing and forming adhesions in muscles, tendons and ligaments

5. A water based treatment that incorporates shiatsu techniques

8. These relate to the areas that run along the midline and are associated with organs, systems and anatomical locations

9. Honestly practicing skills learned from school and continuing education

10. A technique that is rapid rhythmical while maintaining constant contact

12. In English, this means finger pressure

13. The transfer of heat in hydrotherapy

## Down

1. Gliding, Stroking and a light touch technique

3. A technique also referred to as percussion

4. A gel-filled pack in a metal tank filled with temperature controlled water

6. A national standard of practices for the electronic exchange, privacy and security of health information

7. Kneading technique

11. Its mission is to save lives, prevent injuries and protect the Health of Americas workers