

Name: \_\_\_\_\_

# Manual Handling

Z I B Y F M B D T T K Q C B I X S P A L M I T M  
S P N R W W G F E R B Q D A Z N K S E Z Y G R L  
T C L U O M F C P B Q D E L P T Y N L F R G A P  
R K T J W U H E J H H U J G T F V M B L U D U V  
E S N N R N V P X Z Y R Q R N I P E A N J T M S  
S V M I I E E V B Q E S F L R Y Y Z C S N N A S  
S I U Q T R G H L R I B I O B Q B M I G I E T U  
Z E U Q U T B U G Z B I N O G W U S T Y N M I O  
P E S T Q O H O L A L M P X L S J L C L I S C D  
S L S H A N N L M A E L W D C O T H A M A S S R  
V O P G K O A O T N T L Y U Q P G F R A R E T A  
P O F N M M U A T V Z I L E N L O Y P N T S R Z  
P V P I D C E D C U T O O A V N W U Y U S S E A  
W H C H W N G W L U S U R N X D U N L A E A S H  
I S R C H N A G M K L B X A S Y F N B L V K S C  
O O C T O J A Q E Q C C U T A J N A A H I S K Y  
D M V E R P N L G T P A B O E K G T N A T I G A  
R V L R A N E A S D T E L M K P X U O N I R T Y  
C O P T I T M Z Z R Q D L Y M B A R S D T J Q W  
K K I S A G J N M N J D G I I V G A A L E I Y M  
V X A L M G D L R N V S D L T X M L E I P L B X  
K P S D I A L A C I N A H C E M A N R N E I G P  
X P D X S I L I F T I N G C W L S J V G R P E X  
Y G A D M S P I N E G A R O T S E F A S B N P X

Repetitive strain injury	reasonably practicable	Traumatic stress	musculoskeletal
mechanical aids	risk assessment	manual handling	Safe Storage
Environment	Regulations	techniques	stretching
Ergonomics	physiology	unnatural	hazardous
Posture	lifting	anatomy	Stress
injury	spine	tile	load