

Name: _____

Date: _____

Manual Handling

L V S U S P X E B J L N Z N V O U R D X O N N L
J Z T N I E K E J O C B C D S E E N K V U D N R
S D W H J S I N N R B A H X K J R O J H F T V Z
K P D M L O T T U V V Q O N A M I F G A N L S Z
S S I V N O X S U W I V J H B H Q R V E E P O P
Q D C N I L H G F D U R D P I O P F M C G T J U
C I Q X E Y E N Q B E F O Y U N Z S E X J X D S
F A V X J Q E I D M S E P N U L S O U N J K Q H
I L K D P R A N W L B W Y S M E L R C V F M G I
T A K Q V W S I K G E L E O S E U I F P E R S N
Z C L E S K L A J G Y I E S L Q N L N K P W I G
G I S D D X F R A F R W A K F P Z T X G L T H X
H N S M I D P T A U M K J G P U M Y N S Z A B Z
U A H O S O T C J K S F J D I R Q E P B N W G T
O H Y V V I V N E I F E Z X Y U X O P D H K J H
V C U I C P I A R E P E T I T I O N L Q S G E O
G E V N B R A B Q K R R V W N Y I I I A F L K N
Y M W G D D M J U I C P E L M V N D T I I Z U I
L H A M L A K O K Q Y E Y Z F G X O J T L R T K
M A N U A L H A N D L I N G D N E D M E L O K S
L B Z C I M Y O L Y S R O X L V Y O K D T C A M
T X G P E I Y W O R E W I N D I V I D U A L G D
I E M P L O Y E R D U T I E S P A I G B W D B V
W G H S J H D X P H C D Y R F R Y M X I E R V G

risk assessment
Manual handling
handling
pushing
Crush
Task

employer duties
Environment
training
nerves
Spine
Tile

employee duties
repetition
Injuries
moving
Knees
Back

mechanical aids
Individual
pulling
avoid
Load