

Name: _____

Date: _____

Manage Stress

Q M S H V C O N F I D E N C E O U
A S S H E C D P U W E M Z V D S Y
S S V W E A X E G V C O I F Y S H
M E C P Q A L Q E B I B G N G D T
S R H I V A R T Y C O H T V D N H
O T N D R M N T H K J I N W W A I
Y S S N X C Q X H G E M E U C M N
R F Q H J T U B I P R O I E H M K
R W Y A R P C M B O B I D E I O Z
O O P U D G Q M S E U V E G L C E
W R Y Y T M M T Y T Z S B A D O Y
C K E O S L P L Y B A N O N R S E
L B C J O J Y L U G S N X A E I Z
R E A A M R I Q V A A S C M N D R
B P E H J M Y L Y X P L J E Y G T
M Z P R A H E V W G I A B P S U Y
S R D F C G V P J N U G D L X L A

circumstances
Children
Health
heart
Paul
Joy

confidence
anxious
Stress
peace
Mind

Commands
Rejoice
Manage
Think
Pray

obedient
Family
worry
obey
Work