

Name: _____

MENTAL HEALTH WEEK WORD SEARCH

W A G N I K A E P S K W L R M S U N S H I N E F
H R G J F H J L K F Y S I X B G N I H G U A L B
A L X M E W S P E V Y G M S J R E F E R R I N G
E O M W X W X M N V P D E Y H A Z J Z F L R E K
N N A M E O U P A K C T R T F P T U T D T S S C
I Z W Z R G O R C J L G H E A L R L E H E C E C
P Q K G C T X Q Z E N D T G X R G N I D P C U T
D J A Q I H E L I Y G S F L V G T R L R D T Q F
G U M B S D O S Y I L N B N Y S R S N R Q O H M
F S G W E B U N I A R B R B S A L L S Z T V R O
F X S B M R L W O L S R Q E U X P D E E N F T C
M H N B E E Z G C I M I N D F U L N E S S F F F
W G V O G D W D C Y L L J G N I C N A D W M R Q
F Y N K C N H X R Z L N H S U P P O R T T C D M
H B Q I J G I R M E N T O R I N G Q U O U Z H Q
R A T U M R N R W N G S W I A P Z O U K I H A Y
H L V L G M S I A P R N H T L A E H A V M W M N
E L Y D L K I Z T C K H F X G N I T C E N N O C
Z E V F I Z U W A A E R U T A N X L B X F E Q V
Z J V L I V L M S J C M T H O U G H T S R I J W
C C L F L L X R M D Y O Y Y C T C J F T B W S C
V S L J P A O O E N R O V X Q F P F Q R T L P H
Q J O T C I S U M X T T V D C E B D E X Z A D H
Z L I S T E N I N G T P D C A U V W W O P N E X

MINDFULNESS
MENTORING
WELLNESS
SPEAKING
SUPPORT
HEALTH

CONNECTING
LISTENING
SWIMMING
EXERCISE
SKILLS
GOALS

ADVOCATING
LAUGHING
THOUGHTS
DANCING
CARING
BRAIN

REFERRING
STRATEGY
SUNSHINE
LEISURE
NATURE
MUSIC