

Name: _____

Date: _____

MENTAL HEALTH TERMS

D E K S E V I S L U P M O C E V I S S E S B O Q
P O F A S S S T H G U O H T L A N O I T A R R I
U S C Q T E U A X N O P M I N D F U L N E S S M
I X G P P L N X A I N E R H P O Z I H C S C J B
L K A H E R L L O U B C D E Z I M X J Y U M U B
G S C J W E U A L G R F E N P R W Q T I J X R I
N L R Y F N L B M E R M F R G W S E F Z N C K P
I S D U H G L S X I W F E K P R P S U G J O V O
K N E D E P R E S S I O N E E B N R L S Q P M L
N O A J A G R P S Z Q T S G T G Q S D A E I N A
I I N P R C E D H M A B R G Y S L S M Z O N S R
H T X W I L S D V J S E W K K E E E K W I G O D
T A I S G Z J O V E P S Y E C U N F M P M S C I
E C E S P J T C B S V F E M A T G M L Q G K I S
V I T B P O I H A Y M O G N A M S Z T E F I A O
I D Y A D G L R E V C J U L E K G H E F S L L R
T E L G T I H N D R Q H S Y G V D N P V R L S D
I M Z N K L A P T Z A T N O I T I R T U N S K E
S X I B M Y R B L X A P D M D H O T O Z L W I R
O T A F K C G K E T M B Y G J U L C R K E M L X
P J E A H I G K U T S T R E S S S A C E P Q L Z
W S M M M F H S R T E Z F L Y W D B V O S O S B
I M Z T S I G U I L J S P C Y P L P A R T S J S
P A R T I A L H O S P I T A L I Z A T I O N A S

partial hospitalization
positive thinking
coping skills
social skills
self-esteem
nutrition
wellness
stress

obsessive compulsive
bipolar disorder
mental status
medications
Asperger's
diabetes
therapy
goals

irrational thoughts
assertiveness
schizophrenia
mindfulness
depression
exercise
anxiety
sleep