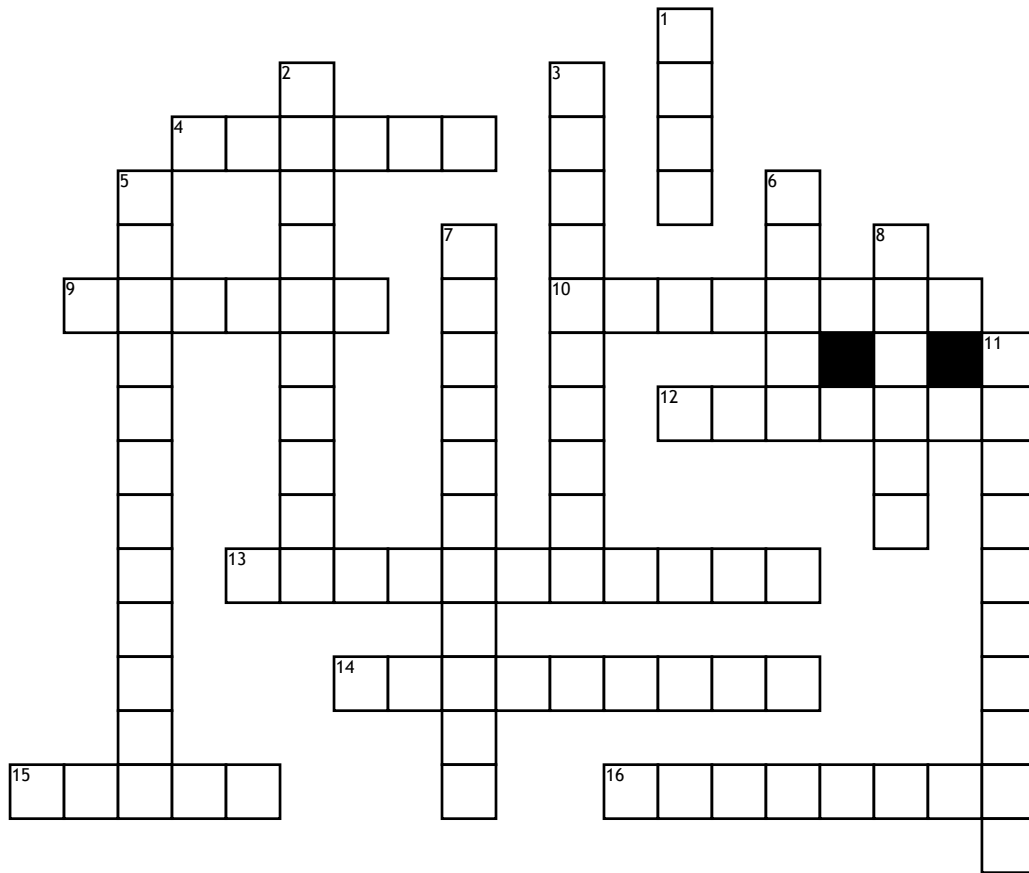


MEDICINAL HERBS & SPICES



Across

- 4. reduces inflammation
- 9. feeling queasy?
- 10. nice in a sachet; keep away if you take sedatives
- 12. runny nose?
- 13. medications for depression and this don't mix
- 14. diuretic
- 15. feeling gassy?

- 16. stay away from this sweet-spicy tree bark if you're having surgery

Down

- 1. got hiccups?
- 2. high cholesterol medications and this don't mix
- 3. be careful with this if you take diabetes medications (koalas love it, too)

- 5. might put some zip in your metabolism
- 6. works better for cough in kids than pharmaceuticals
- 7. used by hospitals in wound care
- 8. need a pit check?
- 11. stimulates digestion

Word Bank

- | | | | |
|------------|-------------|--------------|----------|
| HONEY | GRAPEFRUIT | CAYENNE | GINGER |
| MINT | BASIL | MANUKAHONEY | LAVENDER |
| FENNEL | STJOHNSWORT | SPICYPEPPERS | YARROW |
| EUCALYPTUS | PEPPERMINT | DANDELION | CINNAMON |