

Name: _____

MASSAGE & BODYWORK

B K S O L C X I A Q F H O Y A B I S T N W T Y C
R P O E T O R V E A V W M F X C D V D M M Y Q O
D R C L Q U B T T N I O P R E G G I R T G E I G
B U R Y J M P D C K T L N M S B T G W O B S V J
H N S O M N H B B A Y T A W C W L A L K Z L P I
Y Z T M Q K F W N J U V Q Z W T J O O K A G Z D
J E C F X S N A Z Z G V T V R F X F C N L R N D
S U L W H A B U J R Q C O N W E O T I K D W V K
F V S Q A F V F Y B Q F T U L Q H C Q S A N S W
O N A K T N R D Y U F J A F M E I N E J W G H H
M Y O F A S C I A L P C E T A D J C R B H Q E Z
D R M K X W R I Z J H R F L E G M B U O D H B U
P A H T T M S P K A Q T I M O S G S T L J H X P
Z R J E E M X K K X Q N Y Q M V Z M C N O J H X
O V J M I S A R E Y G Y F K X E S B N C H A T M
C L C O Q T A S K M G Z N S Q F T J U E G I I M
P Z V V L R L A S U C R Q N Z G L C P N U Z P I
M I Y E D D F I L A B P E R G H B C U S D M F M
B M A M M Y E C S D G E I N E H I V C G H M H F
G S K E D I S S A S Z E N L E I Y Z A G S J A N
Y D F N D N M A I S Y B J V M M K T S U X H V C
W N U T R S K F R E L I E F Z I T I C Z V S J O
J A C I T U E P A R E H T J X P C M U S C L E S
G H E B N O I T A X A L E R B O D Y W O R K A N

trigger point
relaxation
movement
muscles
energy

acupuncture
myofascial
bodywork
massage
chakra

reflexology
medicinal
healing
fascia
reiki

therapeutic
blockage
anatomy
relief
hands