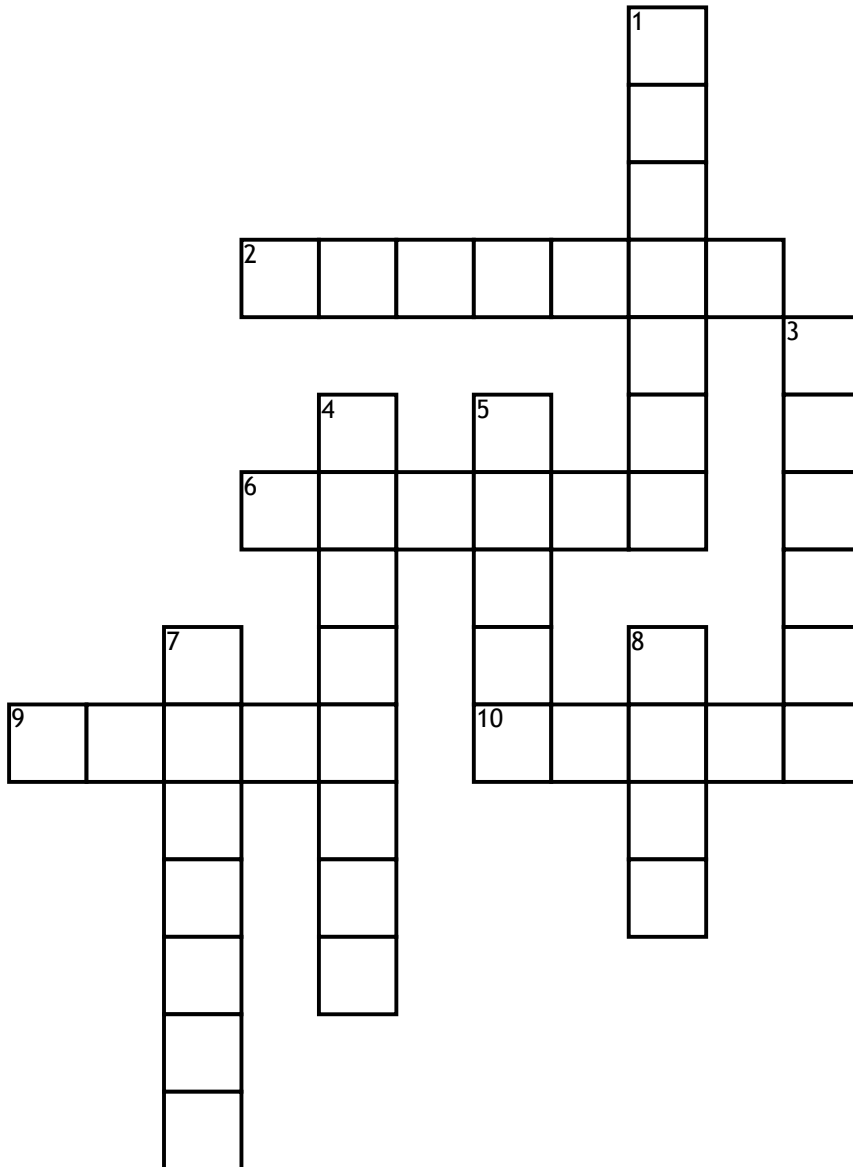


Love Your Heart



Across

- Heart disease usually involves narrowed or blocked blood _____?
- Coronary _____ disease is the most common type of heart disease
- Your heart _____ about 5 quarts of blood through your blood vessels every minute.
- Irregular or fast _____ beat may be a sign of a problem.

Down

- Eating a _____ diet is a good way to help prevent heart disease.
- Watching your _____ can also help prevent heart disease.
- Keep your blood _____ under control.
- Heart disease is America's leading cause of _____ for both men and women in the US.
- To lower your risk of heart disease you should quit _____.
- Chest _____ is a warning sign of heart disease.