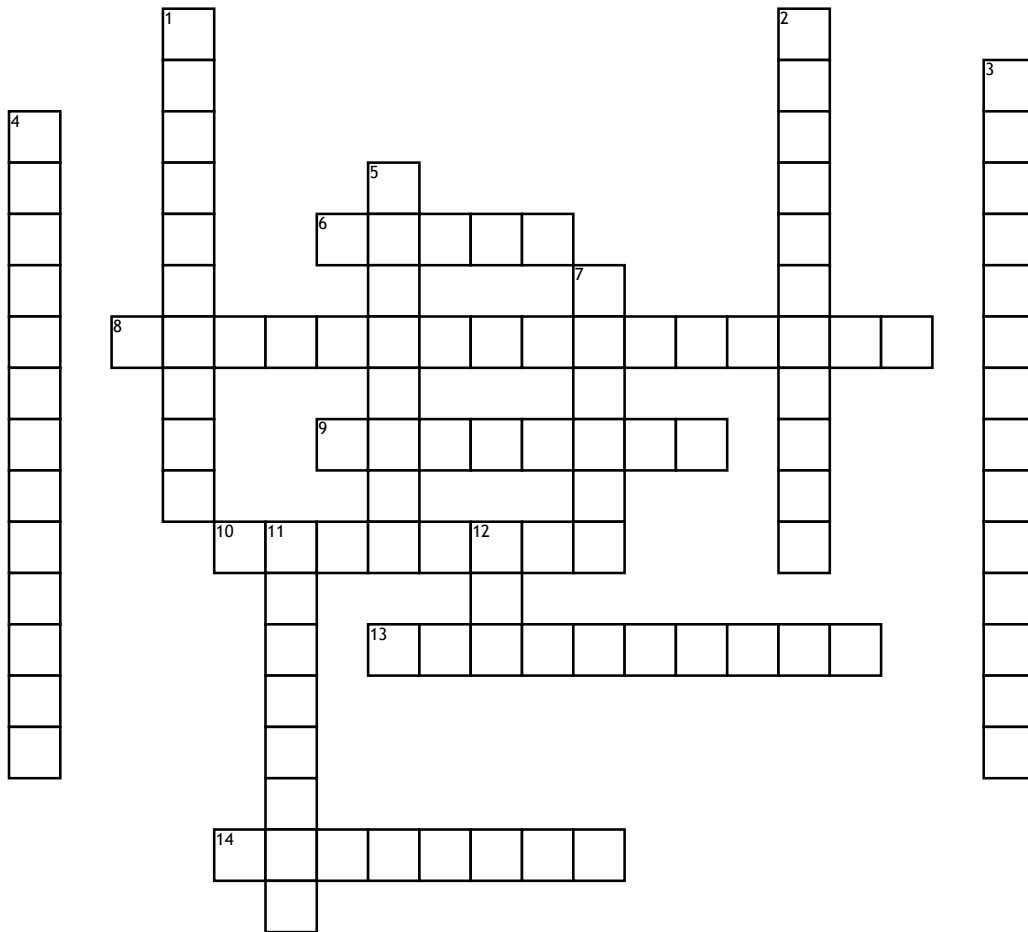


Living a Healthy Life



Across

- 6. The various methods of communicating.
- 8. Your feeling about yourself, how well you meet demands of daily life, and your ability to process information.
- 9. Practicing healthy habits. This affects your physical, mental/emotional, and social health.
- 10. How your body functions.

- 13. Advances in medical screenings and treatments for diseases.
- 14. The way you view situations, and it greatly affects the choices you make.

Down

- 1. Avoiding harmful behaviors such as alcohol, tobacco, and/or sex before marriage.
- 2. The sum of your surroundings.

- 3. Related risks that increases in effect with each added risk.
- 4. Actions that threaten your health or others
- 5. An overall state of well being or total health.
- 7. The way you get along with others.
- 11. All the traits passed biologically by your parents.
- 12. Teens that are not using alcohol, smoking, and a decrease in teen pregnancies.

Word Bank

- | | | | |
|------------|-----------------|------------------|----------|
| heredity | cumulative risk | Social | Attitude |
| Abstinence | Risk Behaviors | Mental/Emotional | media |
| Wellness | Environment | Behavior | cdc |
| Physical | Technology | | |