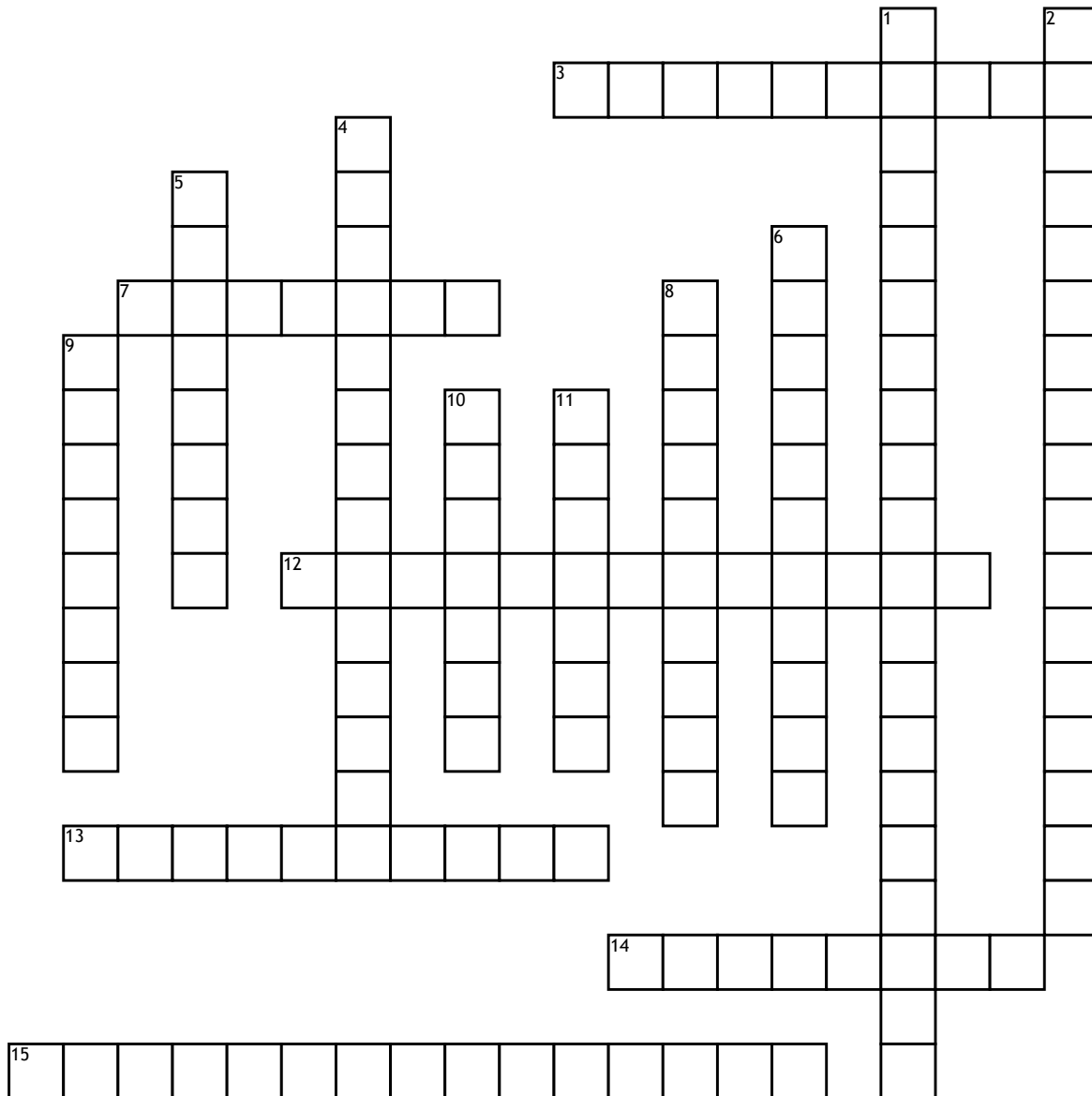


# Living In Balance Quiz 1 Prep



## Across

3. long lasting thoughts, impulses or unwanted images

7. depression then manic

12. inflated self-esteem, no need for sleep, angry, lots of energy

13. feeling very sad, having a loss of interest, feel worthless

14. feeling disoriented, attention wandering, confusion

15. also referred to as substances describes all chemicals, substances and medicines

## Down

1. not making sense, unrelated answers to questions, topic jumper

2. having hallucinations, delusions and disorganized thinking

4. seeing a ghost and hearing it talk

5. how i figure stuff out and plan an event

6. I sleep all the time, I cant seem to get out of bed

8. seeing, being aware of and understanding

9. difficulty falling asleep

10. I know something bad is going to happen-even without proof)

11. loss of memory