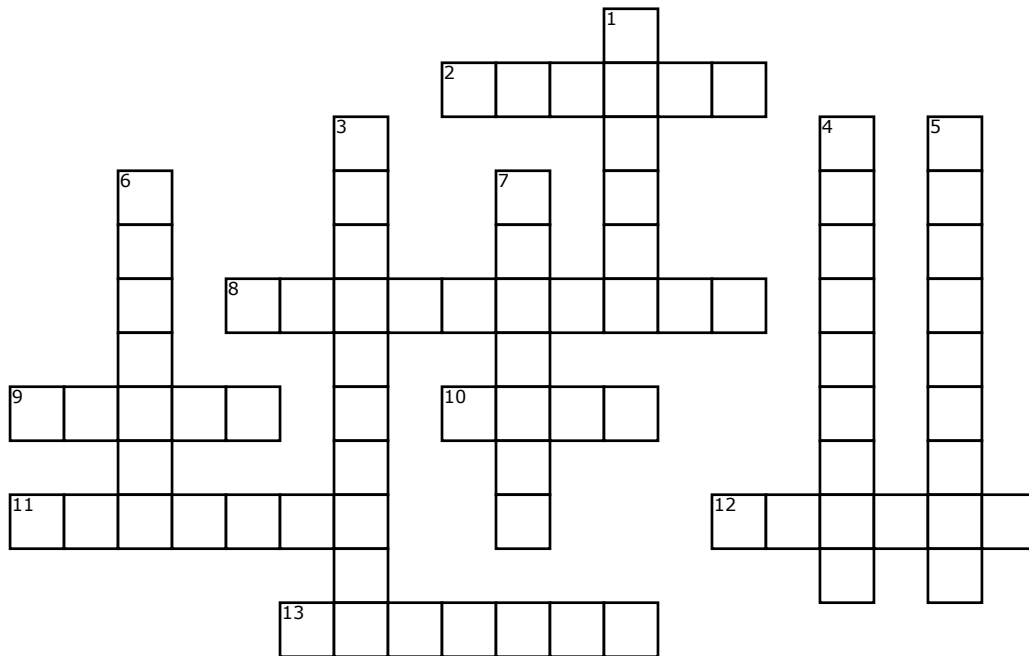


Name: _____

Lifestyle Diseases



Across

- 2.** What mineral helps with thyroid gland function?
8. 60% of Australian adults are _____ or obese (fill in the blank)
9. 80% of children who were _____ become _____ adults (fill in the blank)
10. Which type of GI foods should people with diabetes avoid?

- 11.** What hormone doesn't function properly in people with type 2 diabetes?
12. What disease do you get from not consuming enough iron?
13. What main mineral are people with osteoporosis deficient in?
Down
1. Are rates of death from preventable diseases rising or falling?

- 3.** What is the lead up disease to osteoporosis called?
4. What kind of food should be limited for all people to maintain health?
5. What surgery do obese people often undertake?
6. What disease is caused when calcium intake is too low during childhood?
7. What is a major risk factor for lifestyle diseases?

Word Bank

rickets high obese overweight bariatric
rising Anemia insulin processed Iodine
osteopenia calcium Obesity