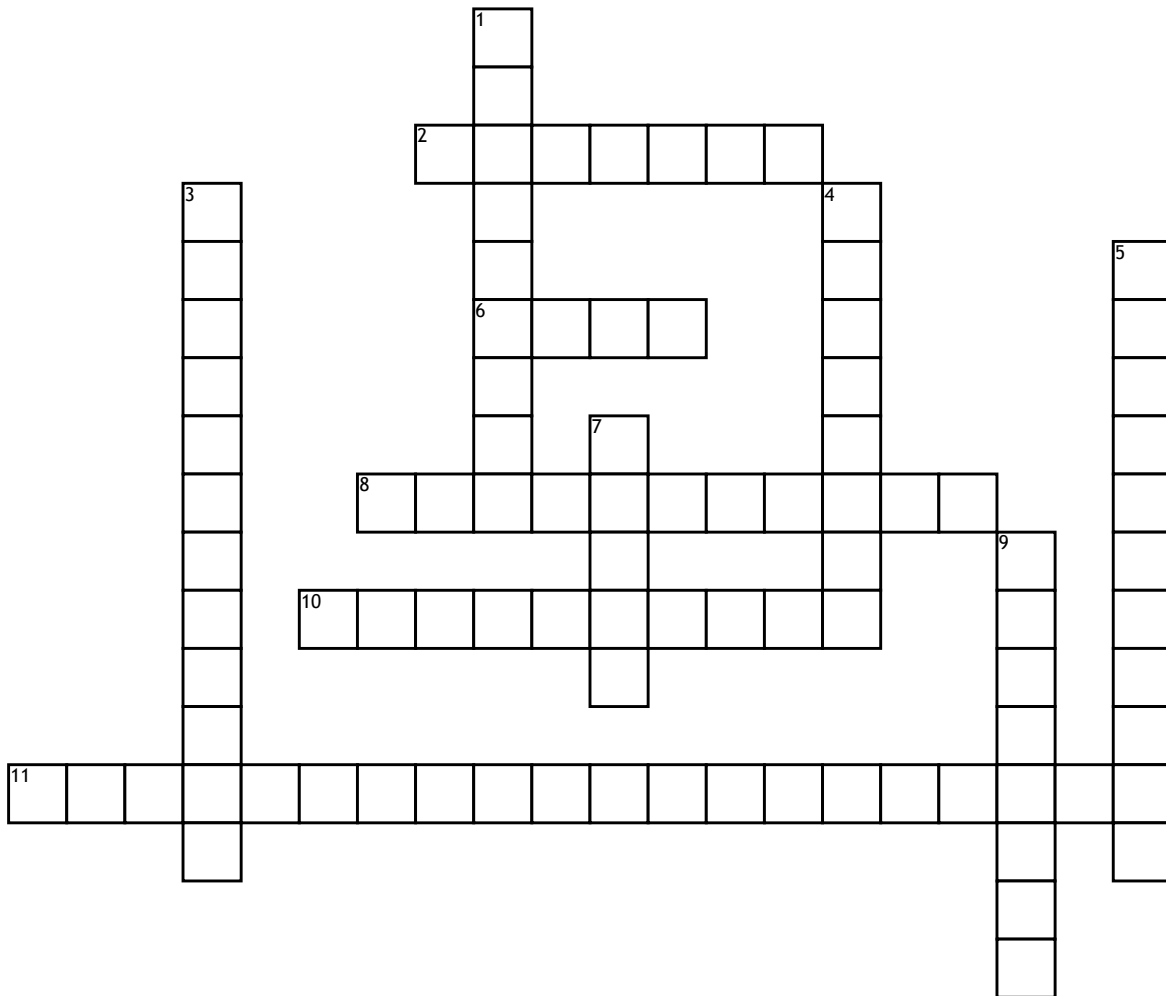


Name: _____

Date: _____

Lifestyle Diets



Across

- 2. Sweet potatoes, leafy greens and orange juice produce what nutrient?
- 6. Foods that provide protein
- 8. Can eat fish
- 10. Someone who chooses to eat a plant-based diet
- 11. May not be familiar with "North American" food

Down

- 1. In India, they mostly eat what?
- 3. Why choose these lifestyles?
- 4. Why people choose these lifestyles?
- 5. Adabo, Crispy Pata and Bulalo are ate in which country?
- 7. Doesn't eat anything that comes from animals
- 9. How can you get enough Vitamin D?