

Name: _____

Date: _____

Lifeskills

J N O I T A S I N A G R O W C H E
J Y R G L G N I K N I H T C F G Q
X J C I R K K J U H X A Z O V R X
S K D N X U J S T M N Y N M D O P
P N U W E H E A L T H Y J M V W H
I Y A W L I X G O M I H X U X T T
H Q K Y O A L N B A I M U N R H L
S X H H T D R I N K I N G I E M A
N D Z I A J O T S U T O B C A I E
O S O E O R M A U E K M H A D N H
I N E U C Z R E X C R P K T I D L
T B U D G E T F C T F L P I N S A
A M S E L F C A R E B T C O G E T
L T I M E M A N A G E M E N T T N
E G O O D A T T I T U D E P B K E
R U J B Y U G N I T N E R A P N M
K N Y F Y C N U R U V M U H D R P

time management
relationships
organisation
self care
thinking
eating

growth mindset
good attitude
resiliency
drinking
healthy
budget

communication
mental health
parenting
taxation
reading