

Life Skills

L I D G E C N A L U B M A R I A C G G U U N R H
A W Y M Y 9 0 K M S I 0 N E V I L Y M E R S C F
M 1 F 9 D 1 I N O K C O A S T G U A R D D N P D
I Y D P P E E P U 1 C F L H T C E R I D S H N N
K Y L D E C 1 Y N S 0 9 U 1 R G R W I F V D A R
Y A 1 B T N E N T O H U W P K V I G 0 S 9 V K L
H 0 N O P A D D A S F I R S T R E S P O N D E R
U O H L O L S L I D D S I V Y K N I C K 9 V D D
1 L B N F U V B N F U Y G 9 A B G H P R A B U R
C D D H P B H K R 1 F S L L I K S E F I L P 0 F
F D U C B M K P E T 1 V I 9 L F Y L H P 0 Y I I
D S 9 P M A I R S F Y S G B K M E E Y Y T B N R
E R E W V I U 9 C Y Y R V 0 G 1 R G D F O C D E
L O G 0 C R L W U V R Y A C R T T K L Y P L E P
R T V A B 9 W M E P Y L C S U T N E G N A N P W
S C I S E N R E C I L O P S K K E O U N R H E V
C O S A F E R S T R A N G E R P C H H P A L N O
T D S 0 F F M D P H H H O Y U N N 9 Y F M F D H
D K P L L 0 I P W H N M D N F R I 9 T D E A E S
K K E I 9 P H C P F G 9 9 9 E T K T S 9 D K N F
S 1 N 0 1 V A 1 9 E I G S M O 1 L Y B 1 I A C T
C K E N K S N 1 W 9 L H P B H 0 A K 0 1 C H E S
B F R B E N V 1 O Y O B T D K 1 W A G 1 A U B V
M S E C I V R E S Y C N E G R E M E T A W V N A

emergency services
safer stranger
air ambulance
Lifeskills
doctors
101
999

first responder
walkin centre
coast guard
paramedic
police
111

mountain rescue
independence
nhs direct
ambulance
fire
sos