

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Leisure Skills

A A Z W Y S I N G I N G B J T Z Z W R I T I N G  
G U T E G A C T E L E V I S I O N O L V I C R N  
N U F B I M F M X M O O H X T B M V O I P F W O  
I Z U F D E D Y E B H G X N U U B M J U D Z O O  
K H W C X L N D R L T O H H H T C G Y I B R R Y  
L O X A Z Q I E C I A A Z F E E G H A Y Y J J S  
A A K X J T V C I S U M O T N E T S I L L F W Z  
W N A T A T Z K S X F G S H O P P I N G I J F P  
S M X T R Z A Z E A U P R O H N Z Z M M M K I G  
G N I D A E R W Y T I L A U T I R I P S A S R O  
T O Q V P K C I R X Y T F C J Q N J Z E F A A F  
N C F M C A V W M G W P X Z R A N J Y T T R F R  
Z G N I H C T E R T S R A Z J S I T V I E S J K  
G N I N E D R A G J U A K R J M U R U B P S M C  
G Y H X Q A C O L O R I N G E M C G D P L K E G  
K Z S U N I E A V U M N W Z L H G S D N E I R F  
Z G A M U M M M H R A M Z M X N T W A K R I S A  
F I S H I N G G O N R T U Y I L D A K G L N K N  
O W X O E U S Z B A P X M Y E F O V M Z O G I I  
M M L I C Y Y U B L E T A I M O A Z L O A Y H I  
U O W T F A F F I I D L S C U L N D Z Q R Z T F  
L A I U P V H Z E N P U C I F C O M V U Q A H K  
R V K N J B Q P S G R K L V R H S I Q C D P T P  
L S E U Q I N H C E T N O I T A X A L E R J R T

Relaxation Techniques  
Spirituality  
Television  
Shopping  
Leisure  
Writing  
Yoga

Listen to Music  
Journaling  
Gardening  
Fishing  
Reading  
Skiing

Playing Guitar  
Meditation  
Coloring  
Friends  
Singing  
Family

Aromatherapy  
Stretching  
Exercise  
Hobbies  
Walking  
Humor