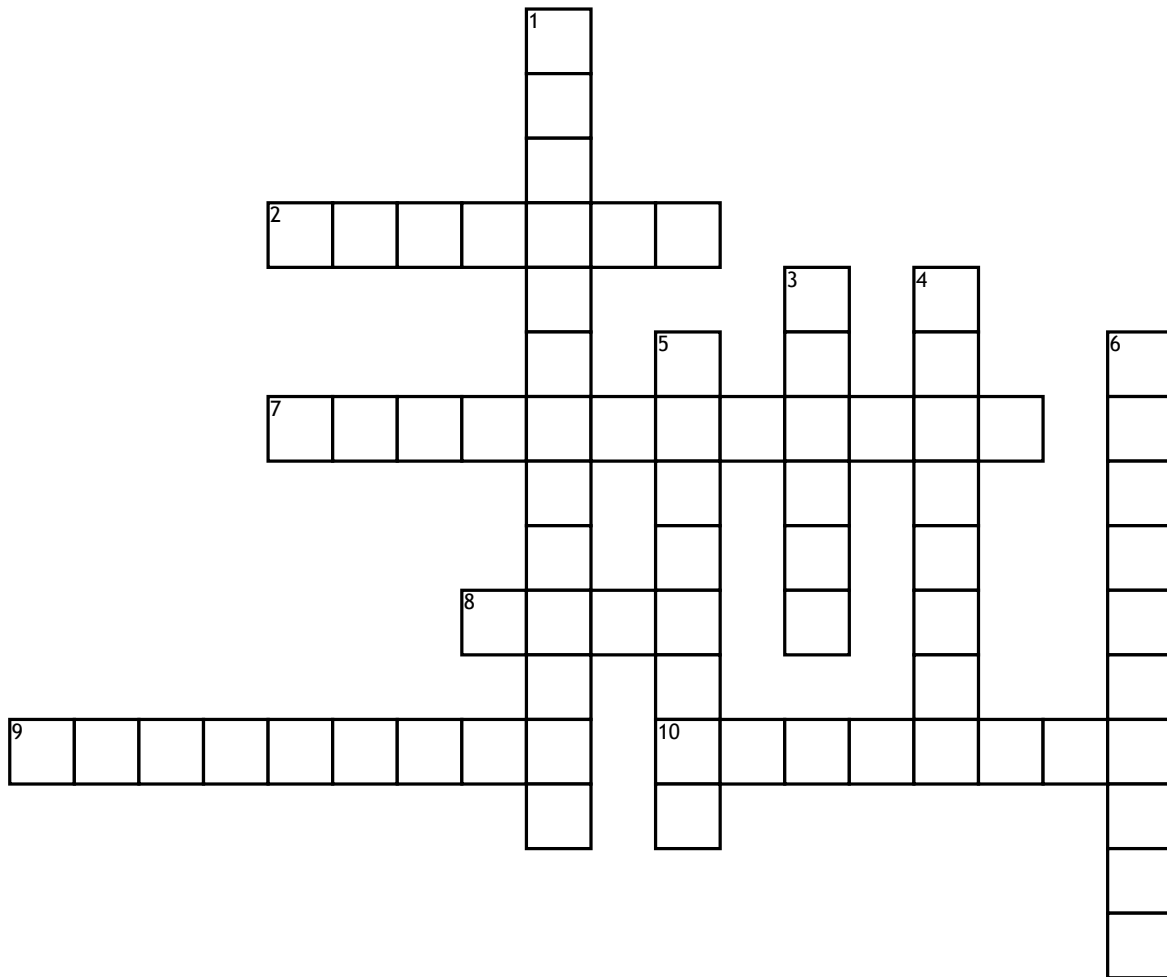


Name: _____

Date: _____

Legal Supplements and Illegal drugs and doping in sport



Across

2. Energy drinks contain _____ which give athletes extra energy, which they may need towards the latter stages of training?
7. Health professionals argue that the use of supplements are not required with the use of a well _____ ?
8. The organisation responsible for promoting, coordinating and monitoring the fight against drugs in sport?
9. At present time the supplement industry is poorly?
10. Energy drinks are high in _____ which acts as a stimulant increasing levels of energy and concentration?

Down

1. Describes any substance or method which enhances performance both legally or illegally?
3. Contained in energy drinks as a type of electrolyte which promotes thirst and helps the body store water?
4. A supplementary high energy compound that helps to store and provide energy?
5. Any behaviour that differs from the perceived social or legal norm?
6. Many energy drinks are high in sugar which can cause?