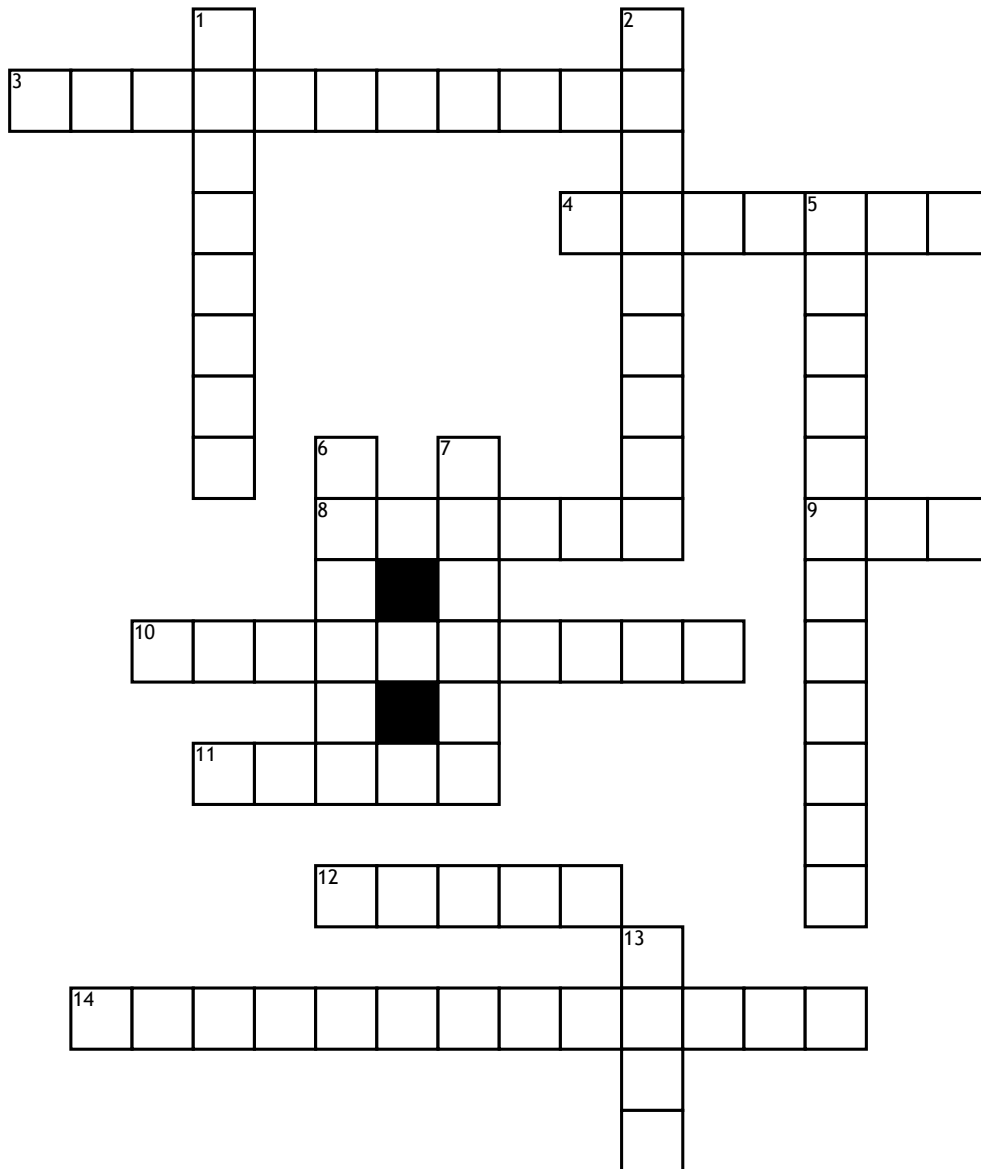


Learning with Feeling Fox



Across

3. The Feeling _____ measures my feelings.
 4. _____ with someone often helps solve our problems.
 8. _____ skills help me feel better when I am in the orange and/or red.
 9. When my feelings have fully taken over I am in the...

10. Feeling Fox teaches me _____ skills.
 11. What color are you when you feel most calm?
 12. When I feel _____, I have a smile on my face.
 14. _____ involves a speaker and a listener.

Down

1. _____ are common and normal.

2. Deep _____ help me get to green.
 5. It is important to listen to each other without _____
 6. _____ listening is one of the most important tools for successful communication
 7. Thinking of more than one _____ is helpful when I'm trying to solve a problem.
 13. _____ is a tool to help me emotionally regulate.