

# Later Adulthood

K Z Z S V U D K H M U S I C M B D R M C F C D O  
U L B E S X H T A U S W E T H C G V O S Z B G F  
F F T A H T X L U E R M Z R F W M N E P C S E W  
U N W O A B J V K B O F Z T F T B N U O E S M T  
I L N D R E T L V N N B J A X T I U R W Q Z P A  
E K S G T A O M P L L R M P Z L Q M F P R T T F  
C E Q F H E Y T L B T I V C C Q E Y N Z D K Y N  
N L X K R A D H R L L P W E V E U V I W R W N J  
E O V L I S D K E Y Y D D Y T V Z D K P W M E H  
D S O U T Z I D G I J G N S S J O W S B J A S C  
N S R D I Q S C I K N C E A E W Z Y E E W M T S  
E O H S S K J T A I D F E Y K G I I L I K H S M  
P F X J F K U X S V L H S N Q X J T I T A S Y Z  
E E U A B G P S I E U V M H Z B G H G D Y B N Q  
D N K R I W E C S B J Q L Z P E J X A E J P D Q  
N E D M M C R W C E L L L O S S K J R F C P R R  
I R S E O V O F O T I R E D N E S S F S A V O N  
F G L R R L R I A H R E N N I H T D L E T P M H  
O Y P K S I F R I E N D S H I P S P U L C S E K  
S C E C T B S L Z X Y E W J K F O W U K H T G S  
S L A T E R A D U L T H O O D N T C T N U X B O  
O N L O O K I N G B A C K O N L I F E I W G O H  
L O M K B E R N L O N O I S U F N O C R T A J N  
M L S E S S E N L L I Y L E K I L J S W Z U T U

**Looking back on life**  
**processing declines**  
**low self-esteem**  
**thinner hair**  
**cell loss**  
**wrinkles**

**loss of independence**  
**likely illnesses**  
**loss of energy**  
**Friendships**  
**confusion**  
**family**

**Empty Nest Syndrome**  
**Later Adulthood**  
**fragile skin**  
**Arthritis**  
**tiredness**  
**music**