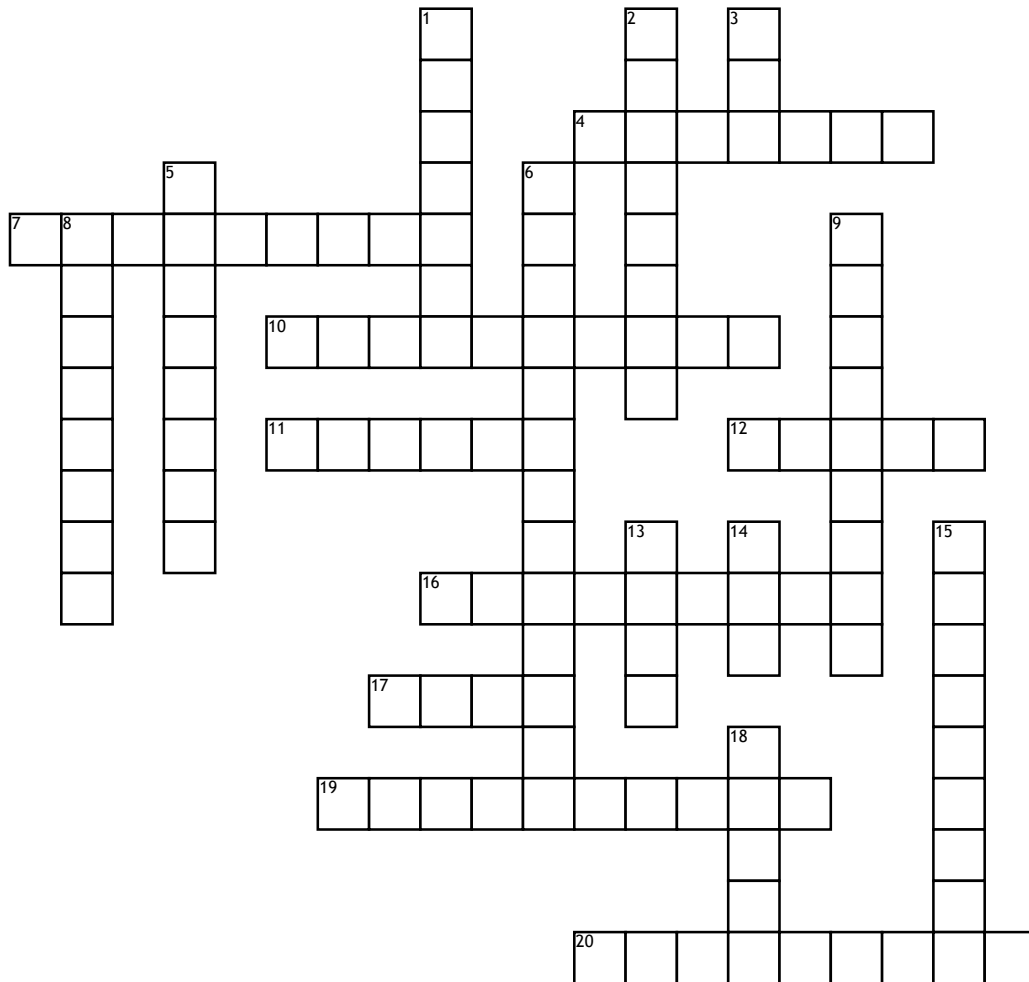


Lacerations - Postpartum



Across

4. A bag filled with frozen material and applied to a body part
 7. An opening able to retract or close a bodily opening
 10. A surgical cut made to the vagina during child birth
 11. Exercises that strengthen the pelvic floor muscles
 12. Free from dirt or pollution
 16. Includes skin but no muscle
 17. Localized physical suffering caused by bodily disorder

19. A deep cut or tear in the skin

20. Includes skin and muscle

Down

1. Holds together the edges of a wound or surgical incision
 2. A wound made especially in surgery
 3. to tear or split apart
 5. A bath in which only the buttocks and hips are immersed in water
 6. Medication to help relieve constipation and straining

8. The area in front of the anus

9. Includes skin, muscle, extends into anal sphincter, and into the rectal lining

13. To wound by pulling apart by force

14. Free from moisture or liquid

15. Includes skin, muscle, and extends into anal sphincter

18. An injury to the body that usually causes damage to the underlying tissue

Word Bank

laceration
 wound
 clean
 2nddegree

episiotomy
 tear
 perineal
 dry

icepack
 sutures
 stoolsoftener
 pain

incision
 3rd degree
 sphincter
 1stdegree

kegels
 4thdegree
 sitzbath
 rip