

Name: _____

Date: _____

LIFE SKILLS

S W H H X V U O O Q V L W U E R K
S E C G T U S H A M P O O E E G T
E A Y Q Z R P K Q T P C C H B M K
N E W Y T D E O D R A N T Y L B O
E N J X O V W G X C E X N F I X U
R E G L N A G H K I A J J P Y R K
A I G N I P O C L G J B A T H T M
W G V X O Q U I J G N I N A E L C
A Y N T R P S A H T X S H O W E R
F H A W W E U Z G R F Y S G O Z G
L I O Y R D Q G X E X E R C I S E
E X Y H T A P M E R I M J F K N I
S M Y F J B H T L A E H B X R E K
E R X S F G U F Q L A U N D R Y Y
C R I T I C A L T H I N K I N G A
C O M M U N I C A T I O N U J W G
N G N I V L O S M E L B O R P V R

critical thinking	problem solving	self awareness	communication
resilience	cleaning	deodorant	exercise
empathy	hygiene	laundry	shampoo
coping	health	shower	bath