

Know Your Risk Factors

K Z P N R X B E K D V B O P X J M D F N S S Z I
C F H Z P V G G I Y Z L O H O C L A L T V L U H
E F Y N S P H O A R F T C Z B C L Q T V L O N T
P C A V W J Z X L Q P T S R F L F S G Q C R H N
H W A L Q J B X F Z A G Y A S Z D V U Y L E E A
Q J M E M U Z Z D U P Q M K X M T J W V Z T A F
A C W Z N T U I Q N Q I M P P N E J F J J S L E
E Z R Q B P W W F R L H N A R E T O A E K E T L
S K Z G S Q A D B Y K U S T R E S S V G R L H U
I Y B M V S M P H O U M U S D T B H M E L O Y W
C D E F H M F I E Y A V L R B D D Z D M L H D J
R U L Y I F S F K E P A S J H N P N C O H C I X
E C P N O T E M Q M L E S Y J Y E C C B C H E E
X M M G O G T I G H N S R D E G Q X Q N I G T Q
E S J R D L H M H N E V K T K V F B O O J I S S
F D Y M B O N D Y O I S W J E W L B E Q R H Z G
O T U X C J I R R R I K V H V N E F P N Z Y Q Q
K H C E N E C J E C A R O M J S S H R R W W B C
C E U G C R I V H A B V Q M I W G I J Q T U M U
A N M W P Q T P H L T T T T S Y D Y O E A O P T
L F F R U U Y V D W O F Y Q T N Q Q S N E Z O I
L A R H D R Z G J R D I A B E T E S B S G Z A D
N F L N Y G D E P R E S S I O N P X V B A L P K
F M I D W T V N X H N B T G U Q V Y N B J N O G

high cholesterol	lack of exercise	family history	unhealthy diet
hypertension	sleep apnea	depression	ethnicity
diabetes	smoking	alcohol	obesity
stress	gender	race	age