

Name: _____

Date: _____

Keeping my Anger in Check!

K F R D E S S I P M A D V E G W D
B R D E P C T R E L I E F Y P E V
Y A K H P H U R Y N Q C T P S P B
Z G R X R M D L O E R I S A N K H
J E R W Y X E E K F N Y E O X A S
Y P P A H G D T Y E M L I X T O X
S X D Y D T W E R O P O E E E X D
P U L D R R D E D S N N C R U V E
A E B E S U S X I N L N U A N R T
S N U L R M F D P X E S A P I Z A
S J P I I E Y R G N A F G X S P V
I E V G J Q G S M E N B F M C U A
O Z R H L T M N L U O S V O X I R
N N X T T R M P A E V L O S E R G
E C A E P G L Q F D E R E G N A G
Z Q C H G Q H A R M O N Y M W K A
Y J X D E T A T I R R I S X J U Q

AGGRAVATED	DISPLEASED	IRRITATED	SERENITY	PLEASURE
OFFENDED	COMFORT	DELIGHT	RESOLVE	HARMONY
ANNOYED	PASSION	ANGERED	RELIEF	PISSED
TEMPER	HAPPY	PEACE	ANGRY	ANGER
EASE	HATE	FURY	RAGE	MAD