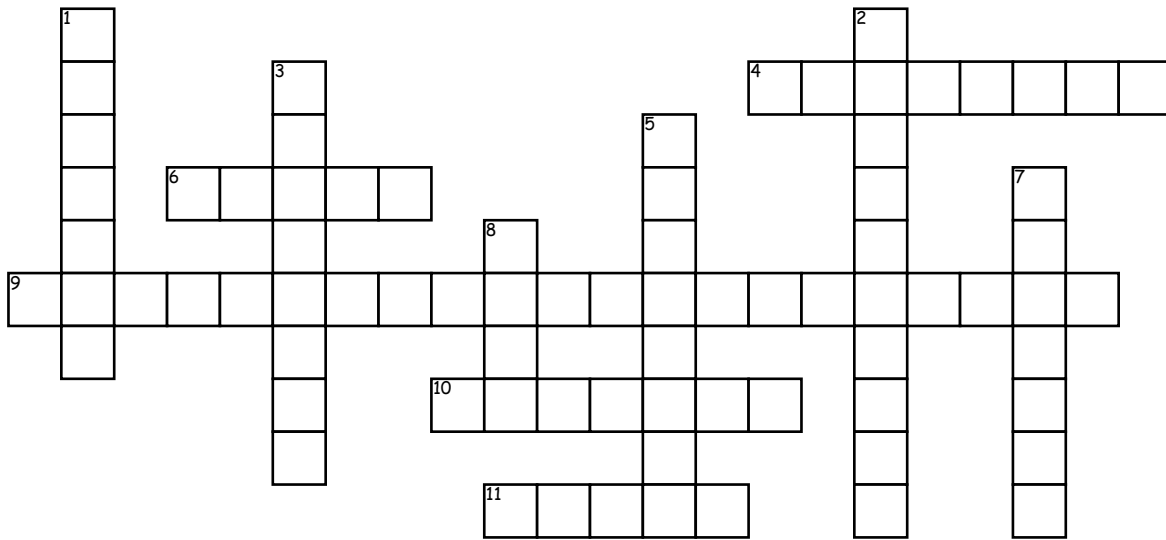


# KNOW YOUR SUGARS



## Across

- 4. life long disease that occurs when insulin production is insufficient
- 6. a natural sugary food produced by bees
- 9. a manmade sweetner added to foods and drinks
- 10. the natural sugar found in milk
- 11. a natural beverage that contains no sugar

## Down

- 1. the hormone that moves glucose from blood into cells for energy
- 2. a natural sugary liquid found in maple trees
- 3. The organ that produces insulin
- 5. the natural sugar found in fruit
- 7. also known as blood sugar
- 8. a beverage that averages 38 grams of sugar per 12 oz serving