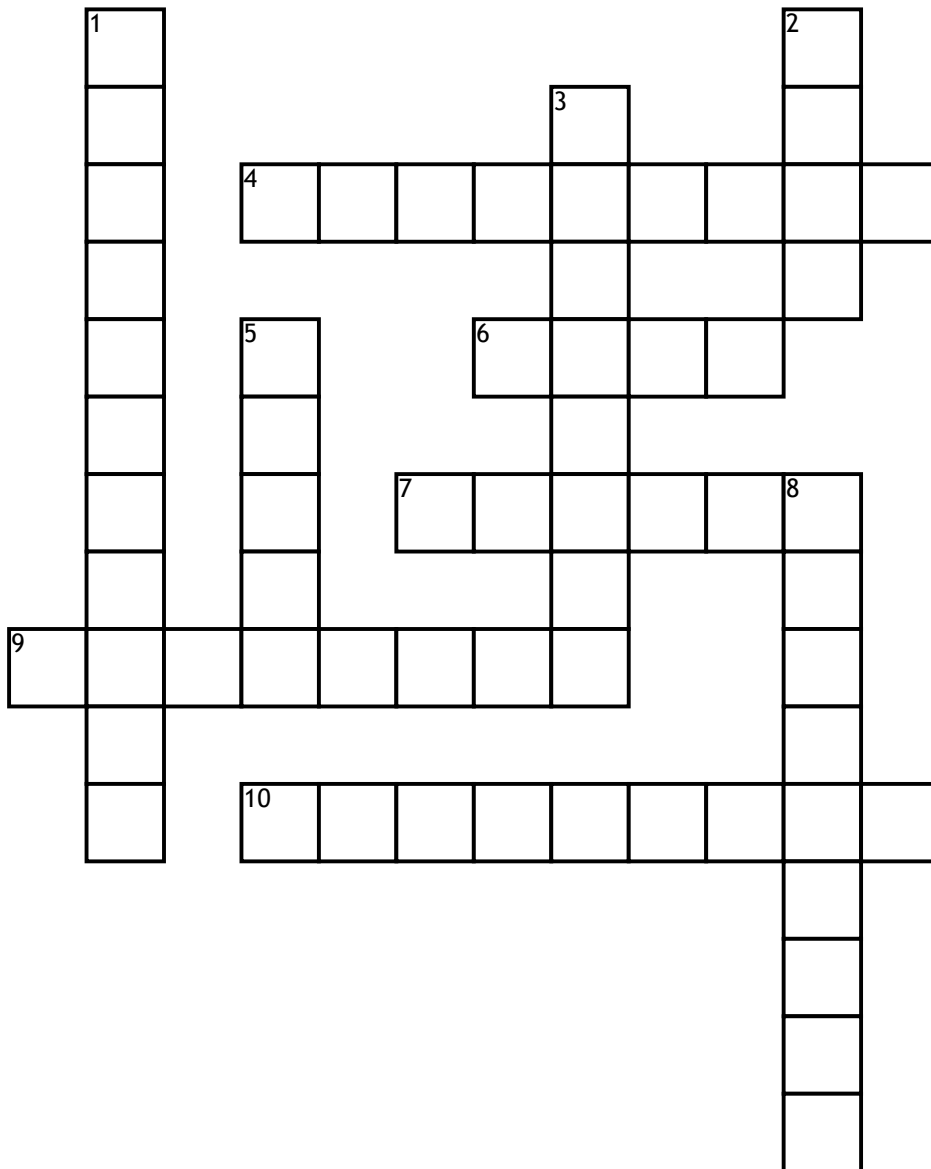


KEY TERMS CROSS WORD



Across

- 4. STABLE INHERITED TRAITS THAT DETERMINE INDIVIDUAL POTENTIAL TO LEARN OR ACQUIRE A SKILL
- 6. A FOOD SOURCE THAT PROVIDES ENERGY AT LOW INTENSITIES
- 7. A LEARNED ACTION OR BEHAVIOUR WITH THE INTENTION OF BRINGING ABOUT PREDETERMINED RESULTS.
- 9. INORGANIC SUBSTANCES WHICH ASSIST THE BODY WITH MANY OF ITS FUNCTIONS
- 10. A BODY SHAPE CHARACTERISED BY A MUSCULAR APPEARANCE, WIDE SHOULDERS AND NARROW HIPS

Down

- 1. MAKING TRAINING SPECIFIC TO THE SPORT BEING PLAYED/MOVEMENTS USED/MUSCLES USED.
- 2. A SKILL WHICH IS COMPLETED IN A CHANGING OR UNSTABLE ENVIRONMENT
- 3. ORGANIC SUBSTANCES THAT ARE REQUIRED FOR MANY ESSENTIAL PROCESSES IN THE BODY
- 5. A PERSON WITH A LARGE FAT CONTENT OR BMI OF 30 OR MORE.
- 8. A SKILL THAT IS STARTED WHEN THE PERFORMER DECIDES TO START IT. THE SPEED, RATE OR PACE IS CONTROLLED BY THE PERFORMER