

Name: _____

Date: _____

Jump rope

S P S K C K Z I M C A Z T J A D R N Q E H I C R
S Y L Z R U Q S A E L V L O J M H E V I J O V B
N T A C U Z A J U H B I A P X M U B W Z L P Z H
O N N Q M I R Q J P U T F E Q C N L R O Q F B T
I B O Q Q Z E T E Z P S P O E T R I X C P S X F
T M I M C Z G F W O Y O F Z W I Z A I J Y R S Q
I Y T A X K I X H Y W R R N J O N O K K Y E F U
T V A T G Z O Q Q S U I J T E L G C L U G Y R F
E Z N C S E N C D Q J Q J F I T S P Q N K L E E
P N I G X Y A I E J A C I G S P F Z I R T F E Y
M O U D H D L I O Y I S D N A R G R I G K H S A
O B Y O I V S X O O L C V L J Z E W Q B E G T P
C K I U S J U S G B G J E T L E L Y K K N I Y G
X P C B P Z G O A L C R U S H E R S Z L C H L B
C C L L D T L C T Y I K S C D T A Z R Q O T E X
O R X E E L Q C F H O W S H U J P U E N U H R G
U J N D E E C I T C A R P J J O F T L A R J S O
A U O U P Z O Z S Y J C L D A A T P A S A W Y U
P A M T S F F J R L I C A L U E Z Q Y W G K G A
C R E C X J N P I O H M A F R B M J V K E V O V
D Y D H X B W R A S E T A M M A E T N R M T K L
X Y Q S U J R E P P D S I D E E P S D D E O C Q
X X Q F R D Y I M Z I E W V H T D P S Y N T O F
I I V I G U E O R L A N D O F L Q P I L T A B Q

ht high flyers
competition
regionals
practice
power

encouragement
orlando FL
teammates
support
relay

goal crushers
freestyle
cheering
grands
speed

double dutch
nationals
dd speed
pairs
demo