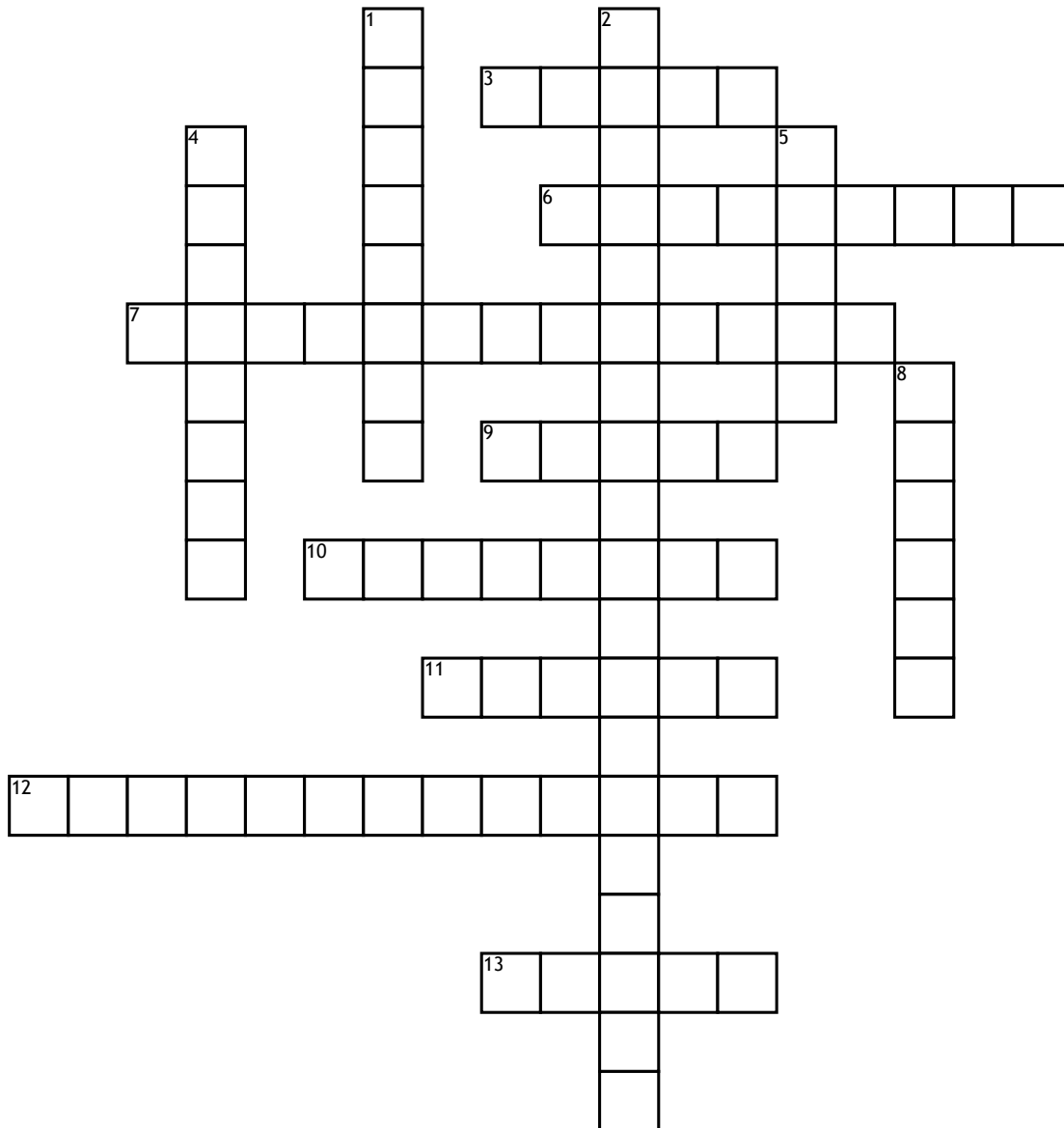


Joints



Across

3. A joint that can move 180 degrees, synovial fluid is the fluid between the bones of the joint.
6. Strong spongy tissue, its purpose is to reduce friction on our bones to protect them when we move.
7. A joint that allows the joint to move in a 360 degree motion, both the ball and the socket are covered in a layer of cartilage.
9. Place in the human body where two bones meet and allow that area of the body to move.

10. The human bodies frame, that protects organs and soft tissues, it also provides support and shape.
11. Work by getting shorter, they are connected to bones by tendons and when it contracts, it pulls on the bone if it is part of a joint.
12. It's found in cavities of a synovial joint, its a white consistency and it's purpose is to reduce friction between the cartilage of synovial joints during movement.
13. Freedom from skeletal muscle tension.

Down

1. To reduce in size, how the muscle works.
2. Muscles you can only pull not push.
4. A connective tissue that connects bone to bone, they are stretchy and elastic, if they weren't they would snap each time we move a joint.
5. Otherwise known as a fused joint, a joint formed between two bits of bone that do not move.
8. Very strong, connect a muscle to a bone and are not elastic or stretchy what so ever.