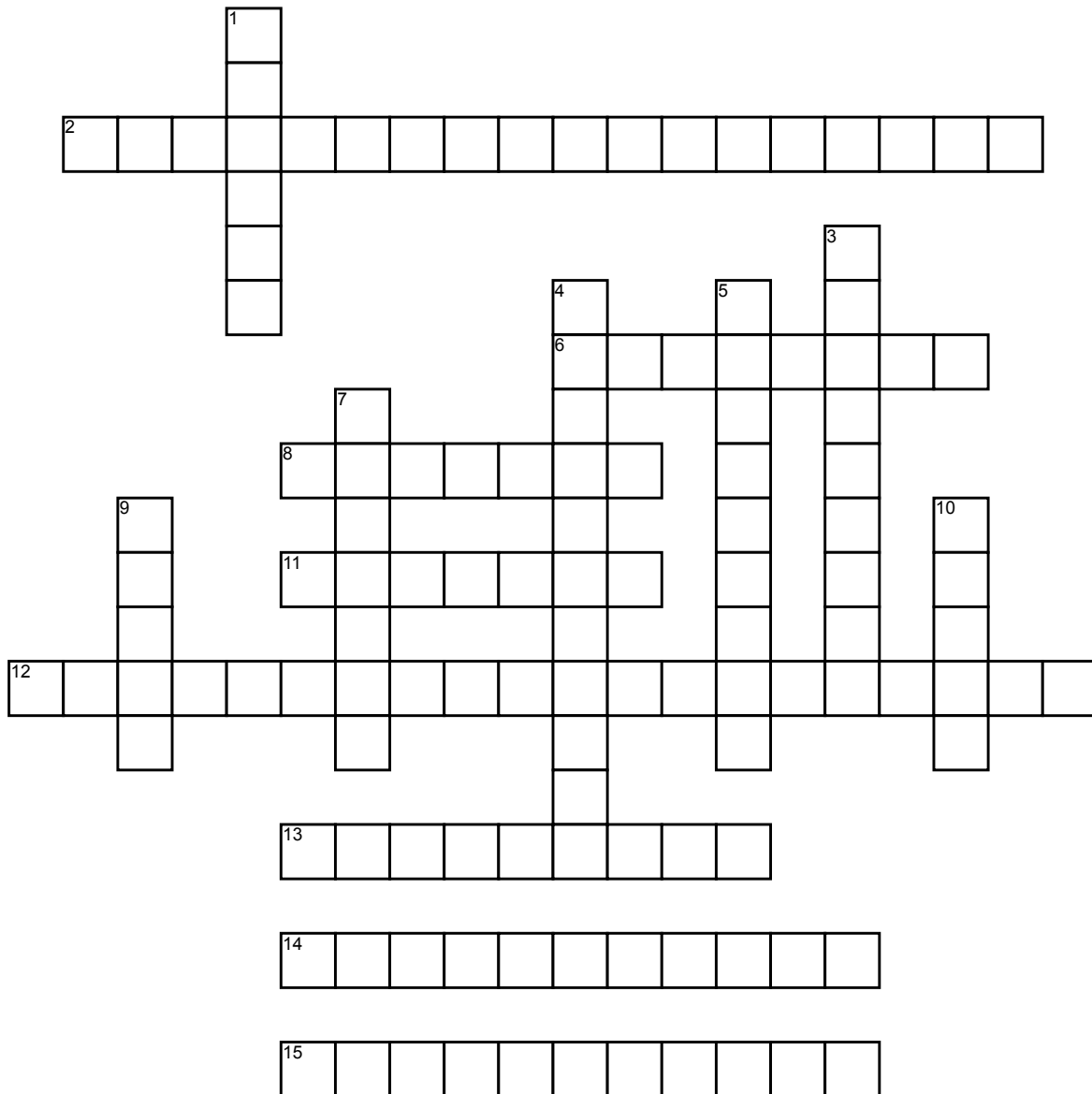


# January STNA Puzzle 1



**Across**

- 2. CNA stands for
- 6. Guest has a foley catheter and colostomy. What do you chart in POC?
- 8. Guiding arm/hand toward side rail so guest could readjust in bed is \_\_\_\_\_ assist.
- 11. Guided blind guests hand to food and fluid placement is \_\_\_\_\_ assist.
- 12. STNA stands for
- 13. ADL Categories include:

- 14. I delivered tray and opened milk and cut meat. Later I check back with the guest and reminded them to eat is \_\_\_\_\_ assist.
  - 15. ADL Categories include:
- Down**
- 1. ADL Categories include:
  - 3. Using a sit/stand lift is \_\_\_\_\_ assist.
  - 4. Handed guest reacher so they could pick up an item off the floor is \_\_\_\_\_ for ADLs.
  - 5. ADL Categories Include:

- 7. Guest needing guidance to pulling up pants is \_\_\_\_\_ assist.
- 9. I help the guest with putting silverware in hand and then they fed themselves. However, you had to give them drinks as they could not pick up or hold cup is \_\_\_\_\_ assist.
- 10. Lifting guest toward head of bed with no help from guest is \_\_\_\_\_ assist.