

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Injuries to the leg

O R A C A V E E P A N L C E G N C T Y W T U F Z  
H G N U E G J I A V W I N S C M O S O J I W X Z  
C O O L B N K X J S H F S O H J Y I R W M C K A  
G Q I T H I D D C D A E Z M I I B E S J V H K U  
K Q S U Y L U N B Z S Z D K O X N X B R H Z C H  
R V L R E L U S R U Q X P F S R E S I S E Q D Y  
G C U F K E A Z L R N Q J L T L T L P Y F V U L  
K Z V T X W X L V H U V B G T M P O F L R Y N C  
Z T A O C S A F C B J B Q A K C L T N I I C G I  
N C H E W C L R A M Q R P Q L O A H N S S N F G  
S I X C U Q A A K L B E O M Z M N N J K F R T Z  
I N A U Q Q A C F O O T E F R P T S Y G A O O S  
O C R R G Y A T W O O R I E X A A N Q H H W O D  
N S E K P Z P U X P W F H X J R R O V U W Y B T  
J Z J T D S R R S H U K X N O T F I D E S Z L F  
E Y J C I Q E E H F Y E N J Y M A N W O V R I A  
Z V Q Y O B T L Y J I C D N P E S U L P S I S P  
V L Q B T B H I K Z X X V Z A N C B V K P Q T P  
G Q G M L S B D I N Y M H E B T I P O Q C N E M  
H C C B E U E M S L A C K N C O I L L N Y O R B  
Q N J P D L L K F L J H S J S I T N X N M E S R  
T V M U K C X G B M P S G A N D I I X S I G J T  
B N Q N V B W L L Y D I Z I W Q S T T G A S N P  
K J A M M Q X G J Z T I U L H N B P X J U L M L

high ankle sprain

plantar fasciitis

dorsiflexion

mortons foot

shin splints

compartment

inversion

turf toe

swelling

blisters

calluses

avulsion

fracture

deltoid

bunions

ankle

arch

tape

foot

ice