

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Importance of sleep

D A S O B E S I T Y L H N J N V N  
O X B X H S Y M P T O M S V O O Z  
I Z D H N D Z I R W G Y S A I D P  
N E E Q X R D V Y E N N I S Z R W  
S T P L S C N S D D I Q N L E L I  
O N R R L Y Q H R W Z E O M R M I  
M E E N E G N O N L T R A E L G X  
N M S I E D M C B R U T S E M E C  
I R S N P E H B E A U T R W E I Q  
A I I A A O T P A R L T G C N O Z  
S A O B P P Y G E E V Z U O E H D  
F P N I N H U Q S K K P R Q R Z U  
I M R L E G N S X S R H N R E R F  
K I Y I A S B L E S C D O J Y F C  
W O S T M G R E S T O R A T I V E  
Y N M Y F N S L E E P Y W N K M Q  
Y E A N A R C O L E P S Y W D P Y

Hypertension	Restorative	Sleep apnea	Depression
Narcolepsy	Impairment	Inability	Premature
Syndrome	Symptoms	Restless	Insomnia
Chronic	Obesity	Sleep	