

# IDP friday

E D U T I T T A S D N E I R F P I V O O L C T B  
O U W C P Q K O G T V H Z W Y M X N X A X H M E  
L D L U F I F O H L C N O U Y O S L E E P J N A  
H C D M O B P M R U A P C M A D M J Y T S O O J  
G L Y Z F Q X C E O B O T Y K S V J E H T U B Q  
R G T G P F F O S I A N G K Y I P Y E G R R W Q  
O U I N N F A A P U Y Q U K O W M S M I O N L R  
U N N L Q U A L E X O B L O O T I N B S P E N E  
P H U S O B A V C W H T S G R C Q Y Q N P Y Q C  
S L M O A B S L T H I P F N R E P J M I U B M O  
X E M M Z V I S O U W G G E T T Y F G Y S I J V  
J C O M J Z P B W W G I X N N X J E P C I Q U E  
L I C Y K G B N E K K E V J I Q T D R U O A S R  
W J P M P I Y V M E E T S E F L E S C U T W K Y  
Y N K V E Y A W X S Y C N W J K L L W S T R I C  
V G K S C O Q J E K X Z Q O W U L E T L J U V O  
M N X G S C Y I Q Z L R R R I I A E S K L B F N  
C X J P U N B O V U I G X F E T G N N N R Z X N  
K Z Z Y N S Q U J M F J B M X D I S A U U E L E  
B I V L S Q Z U B S Q U O Y U G L R V H P O D C  
J G W E H E O M F V D S N B Q L M J T B W V C T  
I O G N I R A H S W E S N L N L F F Z U X R B I  
L B P Y N P D L T W G Z G X E L U J S U N K K O  
C X N K E W D P A H Y Y L X Q O E J E Y S C W N

|             |             |            |           |           |
|-------------|-------------|------------|-----------|-----------|
| counselling | self esteem | connection | nutrition | community |
| sunshine    | exercise    | supports   | attitude  | recovery  |
| insight     | sharing     | respect    | hobbies   | friends   |
| awesome     | toolbox     | journey    | wisdom    | future    |
| groups      | whanau      | budget     | sleep     | goal      |
| fun         |             |            |           |           |