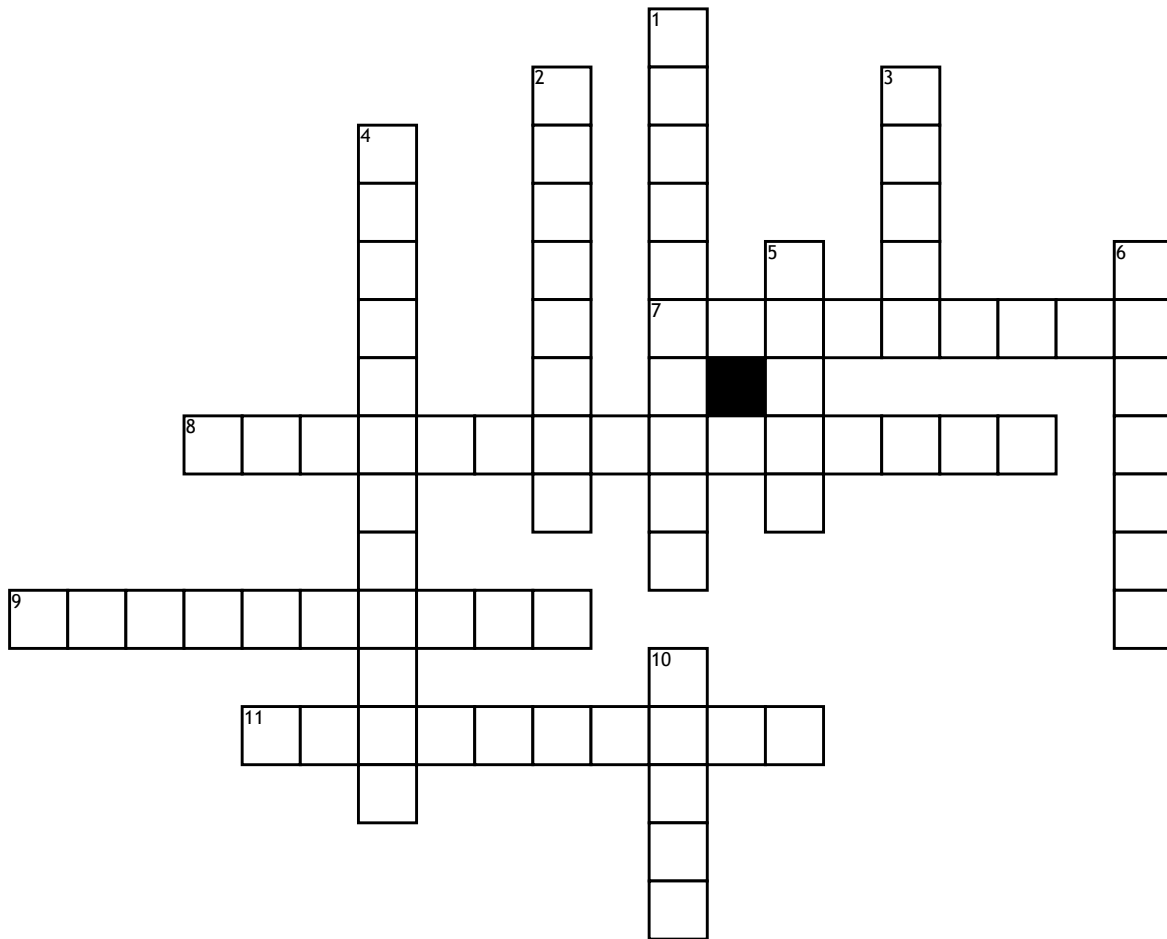


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# IBS



## Across

7. \_\_\_\_\_ is a nerve receptor antagonist that helps in relaxing the colon and slowing the movement of stool through the colon.
8. What type of medication relieves abdominal cramps caused by spasm of the colon?
9. Patient complains of abdominal distress, pain at onset of bowel movements, abdominal pain relieved by defecation, and feelings incomplete emptying after defecation is what part of the assessment?
11. are "good" bacteria that are found the intestinal tract

## Down

1. Biofeedback is a \_\_\_\_\_ training method that gives individuals a greater degree of awareness and control of physiologic function
2. Have patient avoid eating foods that contain \_\_\_\_\_
3. Rome III criteria include abdominal discomfort that occurs at least 3 days per month within the last \_\_\_\_\_ months.
4. patients with IBS experience \_\_\_\_\_
5. IBS affects more \_\_\_\_\_ than men.
6. cause of IBS is \_\_\_\_\_
10. what can help with stool bulk, and frequency of passage and reducing bloating?