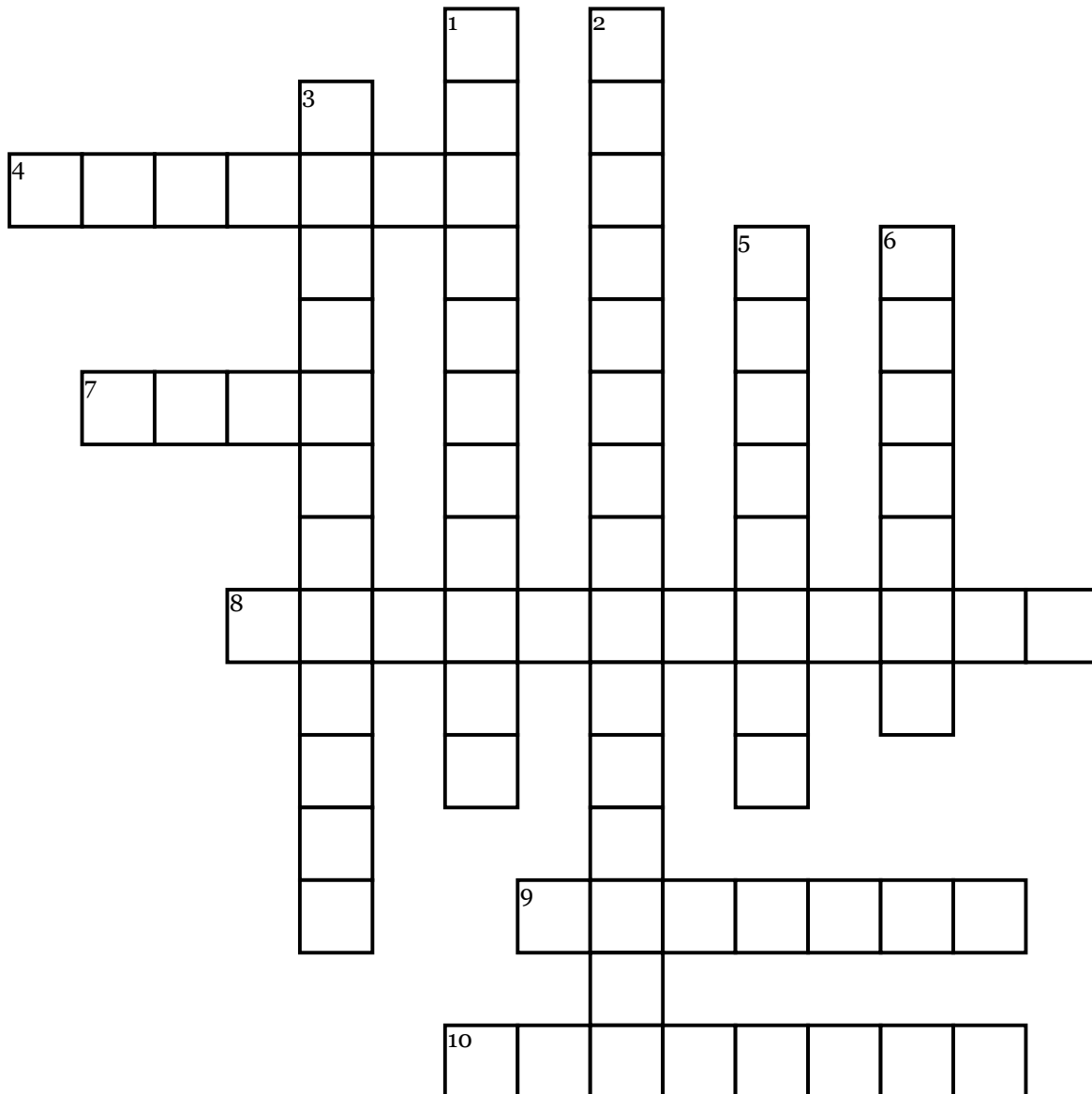


IBD Crossward



Across

4. Most people with IBD will have periods where their symptoms get worse, known as their active phase or _____
7. Adjustments to lifestyle can help manage IBD; _____ modification can make a positive impact on your condition as an adolescent.
8. Inadequate nutrition or the body's inability to digest food or absorb nutrients can lead to?
9. Crohn's
10. What is a common feeling for most adolescents to be feeling after being diagnosed with IBD?

Down

1. Diet modification may be necessary to help manage IBD, along with food, _____ may be necessary to make sure you are getting enough nutrients.
2. These "work by lowering the activity of your immune system and limit the inflammation in the digestive tract. They are used for short-term treatments of Crohn's disease and ulcerative colitis as they reduce inflammation quickly, sometimes within a few days to a few months" (IBD).
3. When the inflammation flares-up again in the intestinal section that was affected by inflammation in the past. This often happens if the medication is discontinued abruptly.
5. An adolescent is in Erickson's _____ vs. Role confusion developmental stage.
6. Ulcerative