

Name: _____

Date: _____

Hypo Awareness

G A Q S I J F R U I T J U I C E J
C I H U N G R Y P G K Y T M N S F
C M Y S M H A D E X T R O S E I S
M E K N I L U S N I F R J M D C E
U A D H W T E T I R E D J J M R I
W C I N C N C Q B J P D X Y W E B
R Y D P L E C I U J O C U L G X A
E L N O D G H A R I B O M E Q E B
H G K S I A P A L E G L N U I T Y
T O Z Q G C J U V K N U F E Y O L
A P Y Q T U P Y E T I C C H B T L
E Y N Z U L P I D O K O F C Y P E
W H I K J G X A X R A Z T A N D J
T T R E M B L I N G H A S D O D Z
I G X A O S U Y S R S D W A J F Z
A O Y B A B N T S Z I E V E N Y E
C A R B O H Y D R A T E C H W E V

hypoglycaemia
fruitjuice
headache
exercise
weather
haribo

carbohydrate
glucojuice
dextrose
lucozade
insulin
tired

jellybabies
trembling
glucagen
shaking
hungry
pale