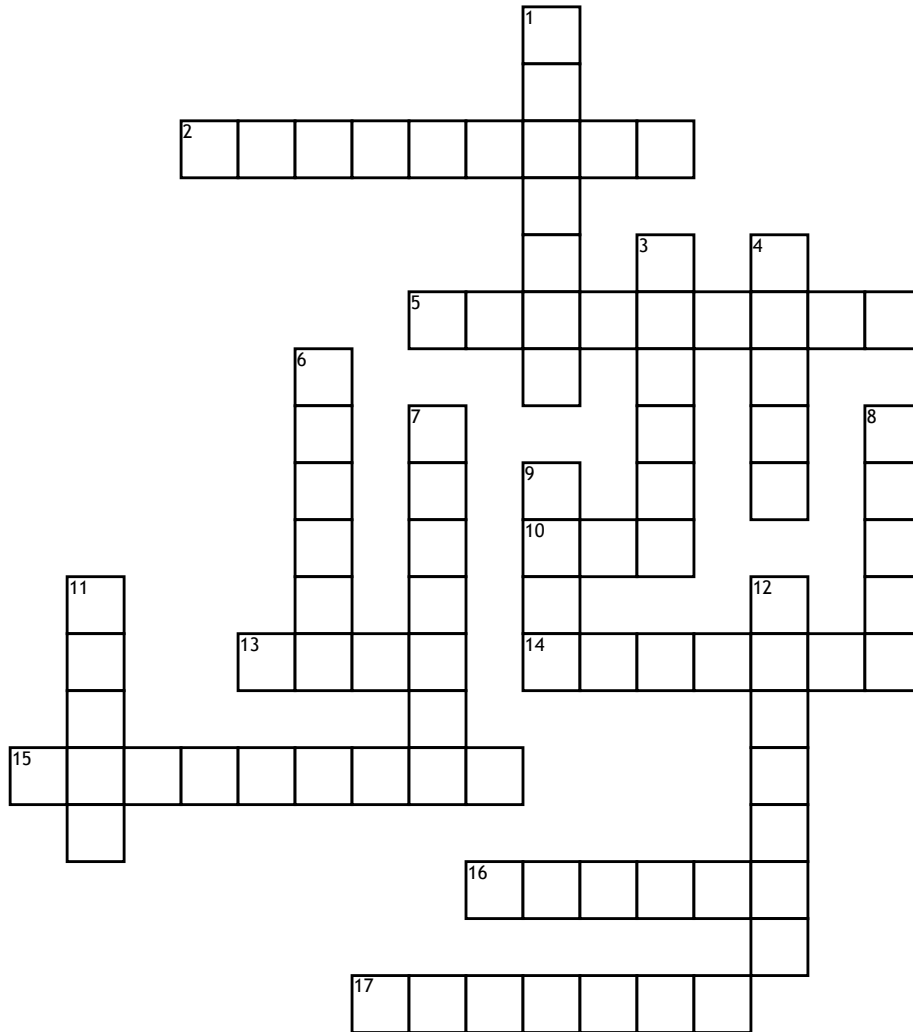


Hygiene



Across

2. Halitosis, or _____, is caused by bacteria that grow in your mouth.

5. _____ gets rid of the odor by covering it up and come in sticks, roll-ons, creams, sprays and creams.

10. Acne often starts in your early teen years because your body is making more _____ glands.

13. True or False: People with unpleasant body odor are sometimes unable to smell their odor.

14. Squeezing _____ can actually push bacteria, dead skin cells and oil further into the skin.

15. Hand _____ is a great option when there is no access to a sink.

16. Brush your teeth and _____ for 2 minutes twice a day

17. _____ is the process of physical changes that happen to children as their bodies begin to mature/change into an adult's body.

Down

1. After washing your hair, make sure you rinse with plenty of water to remove all of the _____.

3. Sweat and smell are _____ parts of becoming an adult.

4. True or False: Chocolate and greasy foods cause acne.

6. _____ or take a bath every day.

7. _____ is the practice of cleanliness that contributes to good health and disease prevention.

8. The single most important thing we can do to keep from getting sick and spreading illness to others is to wash our _____!

9. The best way is to keep your face clean by washing it twice a day with _____ and water!

11. Moisture released through the pores of the skin is called _____.

12. Wear clean _____, socks and undergarments every day.

Word Bank

- | | | | | | |
|-----------|---------|-----------|---------|-------|------------|
| hands | sweat | shampoo | normal | soap | True |
| pimples | clothes | Deodorant | Puberty | False | bad breath |
| sanitizer | Shower | Hygiene | tongue | oil | |