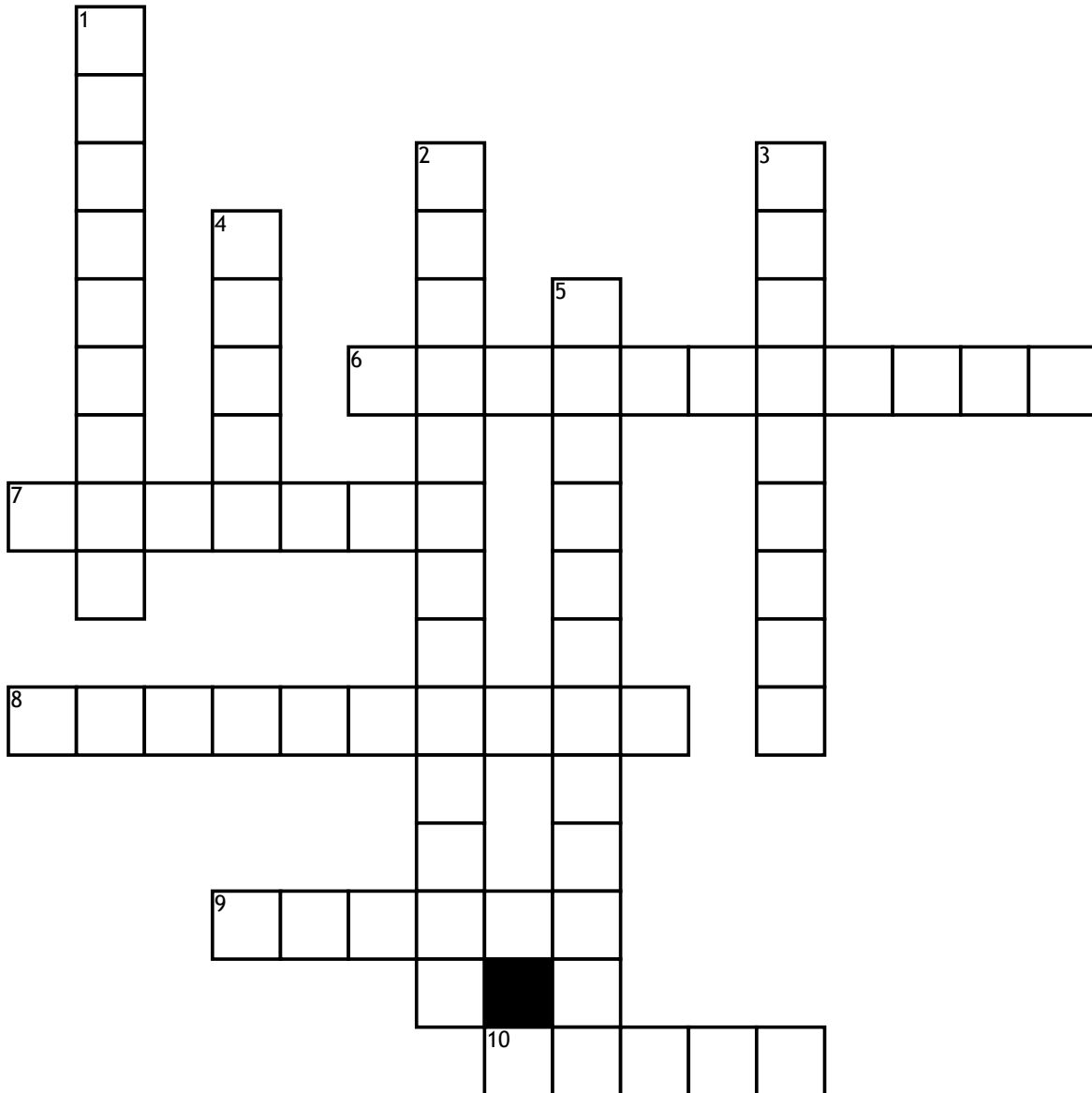


Hydration, Electrolytes, and Cardiac Complications of Eating Disorders



Across

- 6. Abuse of laxatives can lead to this decrease in water and fluids
- 7. Water helps to _____ joints, and protects body organs and tissues
- 8. Water helps prevent constipation by softening stools and encourages _____
- 9. This electrolyte helps the kidneys regulate the amount of water the body retains
- 10. The average body is composed of 50-60% of _____

Down

- 1. What electrolyte is essential in maintaining the hearts normal electrical rhythm?
- 2. Fluid restriction can cause this _____, or elevated sodium
- 3. Hypokalemia is low levels of which electrolyte
- 4. Elevated sodium can lead to irregular heart beat, seizures, and _____
- 5. Low sodium in the body is also known as _____